

CARRERA ALTO SIL V. 8.6.4

20 Marzo 2016

Orden De Llegada

Inscripciones online YouEvent.es

CLASIFICADOS (419)

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº sCat	TIEMPO CLUB	PENAL	META	EL MURO	PARAMO DEL SIL	LA CAMPONA	PRIMOUT	LA BRAÑA	PICO NEGRO	LA COLLADA		
1	470	Alfredo GIL GARCIA	1	ABM	2:51:19	Independiente		2:51:19	0:24:52	0:43:02	1:35:49	1:51:55	2:09:05	2:28:00	2:33:55	
2	405	Ismail RAZGA	2	ABM	2:53:02	Sestao Alpino Grafsestao		2:53:02	0:25:11	0:42:40	1:35:59		2:09:01	2:29:10	2:35:18	
3	12	Manuel MERILLAS MOLEDO	3	ABM	2:55:28	Mammut Pro Team		2:55:28	0:25:59	0:46:28	1:38:39	1:55:54	2:13:51	2:31:21	2:37:29	
4	454	Zach MILLER	4	ABM	2:56:12	Nike Trail		2:56:12	0:24:04	0:42:42	1:34:16	1:53:12	2:11:03	2:30:06	2:36:59	
5	521	Aritz EGEA CACERES	5	ABM	2:57:23	Euskal Selektzioa Ternua Inov		2:57:23	0:23:55		1:33:05	1:50:56	2:08:33	2:26:56	2:33:27	
6	468	Julen MARTINEZ DE ESTIBARIZ	6	ABM	3:05:11	Sestao Alpino Grafsestao		3:05:11	0:27:32	0:47:30	1:42:35	2:00:18	2:18:44	2:38:26	2:45:05	
7	387	Alvaro GARCIA HERNANDEZ	7	ABM	3:05:56	Salamanca Raids Trails Runners		3:05:56	0:27:48	0:47:22	1:40:45	1:58:56	2:17:58	2:38:56	2:45:43	
8	374	Vicente REDONDO ALARCON	8	ABM	3:06:34	Cacuencadolomia		3:06:34	0:29:28	0:48:43	1:42:47	2:00:23	2:18:39	2:40:17	2:47:04	
9	403	Javier TRIGUERO ATIENZA	9	ABM	3:06:51	1 VAM	Todovertical V		3:06:51	0:33:48	0:53:13	1:46:15	2:03:29	2:21:47	2:42:21	2:48:38
10	401	Daniel REMON SEÑORAN	10	ABM	3:06:57	Tierra Tragame		3:06:57	0:28:24	0:48:43	1:43:31	2:01:21	2:20:46	2:41:22	2:47:33	
11	2	Fernando ARCA CASAL	11	ABM	3:08:53	2 VAM	Cdm Xesteiras		3:08:53	0:28:01	0:47:34	1:43:13	2:00:59	2:20:44	2:42:23	2:48:47
12	63	Manuel SANCHEZCAPITAN ARROYO	12	ABM	3:09:05	Club Tierra Tragame		3:09:05	0:27:51	0:47:34	1:43:17	2:01:01	2:20:45	2:42:25	2:48:48	
13	152	Ramon MUIÑOSCOTELO	13	ABM	3:10:01	Ad Jarnachas		3:10:01	0:28:46	0:47:55	1:46:11	2:03:22	2:22:13	2:44:05	2:50:26	
14	451	David DAVID QUELHAS	14	ABM	3:10:19	Coimbra Trail Running Armada P		3:10:19	0:29:57	0:50:09	1:47:03		2:22:59	2:44:18	2:50:47	
15	93	Matthew ROBERTS	15	ABM	3:14:15	Calder Valley Fell Runners		3:14:15	0:28:52	0:48:32	1:45:47	2:03:09	2:22:09	2:45:56	2:53:04	
16	399	Victor DIEZ	16	ABM	3:15:54	Team Land		3:15:54	0:27:31	0:47:25	1:44:52	2:04:54	2:24:56	2:46:40	2:53:52	
17	428	Pedro PINILLAS CARRO	17	ABM	3:16:20	Cdm Alto Sil		3:16:20	0:29:44	0:50:50	1:49:41	2:07:44	2:28:09	2:49:46	2:56:26	
18	460	Carlos BARDANCA FUENTES	18	ABM	3:17:25	Club De Montaña Xesteiras		3:17:25	0:28:52	0:49:00	1:47:57	2:06:01	2:25:40	2:49:41	2:57:08	
19	317	Mariano LLANEZA ABELLA	19	ABM	3:19:16	3 VAM	Los Urrieles		3:19:16	0:29:22	0:50:27	1:49:22	2:07:42	2:28:15	2:50:58	2:58:21
20	501	Samuel OBAYA FERNANDEZ	20	ABM	3:19:20	Team Race Land		3:19:20	0:30:16	0:51:02	1:49:13	2:07:40	2:28:11	2:50:29	2:57:49	
21	496	Santi OBAYA FERNANDEZ	21	ABM	3:20:05	4 VAM	Team Race Land		3:20:05	0:30:22	0:51:49	1:49:39	2:08:32	2:29:38	2:52:10	2:59:13
22	178	Martin LESTON AGULLEIRO	22	ABM	3:20:15	Ad Jarnachas		3:20:15	0:29:52	0:51:49	1:51:15	2:10:14	2:30:43	2:53:23	3:00:14	
23	443	Eder SUSANO	23	ABM	3:20:19	Individual		3:20:19	0:30:01	0:51:08	1:51:18	2:09:30	2:30:02	2:52:21	2:59:15	
24	456	Azara GARCIA DE LOS SALMONES M	1	ABF	3:20:50	Cde Yanitotuga Active Wear		3:20:50	0:29:41	0:50:54	1:49:24	2:08:17	2:28:49	2:51:30	2:58:55	
25	3	Jordi FERNANDEZ BOLTA	24	ABM	3:22:04	Gm Vizcareslos Castrones		3:22:04	0:27:49	0:48:59	1:47:07	2:06:41	2:28:07	2:50:56	2:58:23	
26	263	Eulogio BELLO ALVAREZ	25	ABM	3:23:09	5 VAM	Interval		3:23:09	0:30:25		1:50:38	2:08:07	2:28:45	2:53:01	3:00:02
27	172	Fernando RODRIGUEZ SANTIN	26	ABM	3:23:17	Independiente		3:23:17	0:31:01	0:51:41	1:50:53	2:08:18	2:28:51	2:52:54	2:59:58	
28	37	Oscar DIAZ CERVIÑO	27	ABM	3:24:32	Ad Jarnachas		3:24:32	0:32:00	0:52:59	1:54:16	2:12:17	2:33:21	2:56:19	3:03:34	
29	232	Adolfo DIAZ ROMAN	28	ABM	3:24:42	Amoc Ultratrail Comillas		3:24:42	0:32:19	0:54:10	1:54:26	2:12:43	2:33:31	2:56:21	3:03:54	
30	390	Sergio ALVAREZ HERRERO	29	ABM	3:25:03	Cdm Alto Sil		3:25:03	0:30:51	0:52:47	1:51:40	2:11:12	2:32:26	2:55:17	3:02:42	
31	321	Pablo VIOTA MORENO	30	ABM	3:25:25	6 VAM	Trail Team Yaniro		3:25:25	0:30:11	0:51:11	1:50:45	2:10:31	2:31:25	2:56:18	3:03:42
32	101	Francisco ALVAREZ ALONSO	31	ABM	3:25:50	7 VAM	Cangas De Onis Atletismo		3:25:50	0:30:51	0:52:29	1:52:26	2:12:18	2:33:33	2:56:13	3:03:47
33	499	Oihana KORTAZAR ARANZETA	2	ABF	3:26:24	Salomon Etixx		3:26:24	0:32:17	0:53:56	1:54:20	2:12:49	2:33:27	2:56:09	3:03:41	
34	77	Ruben SECO FERNANDEZ	32	ABM	3:27:06	Ame Bestarruza		3:27:06	0:32:10	0:53:58	1:56:12	2:15:08	2:36:27	3:00:21	3:06:55	

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Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº sCat	TIEMPO CLUB	PENAL	META	EL MURO	PARAMO DEL SIL	LA CAMPONA	PRIMOUT	LA BRAÑA	PICO NEGRO	LA COLLADA	
35	482	Miguel VILABOY FILGUEIRAS	33	ABM	3:27:57		Club Montaña O Caxado	3:27:57	0:33:47	0:55:46	1:56:54	2:15:37	2:35:35	2:59:37	3:06:41
36	4	Jose Alberto GONZALEZ CARPINTERO	34	ABM	8 VAM	3:28:02	Todovertical V Leon Trail	3:28:02	0:35:27	0:56:37	1:56:58	2:15:46	2:36:13	3:00:20	3:07:18
37	224	Javier DOMINGUEZ CALLE	35	ABM	9 VAM	3:28:34	Las Cabrerasyt	3:28:34	0:32:16	0:53:56	1:55:07	2:13:42	2:34:30	2:58:39	3:05:57
38	137	Manuel PEROZO MOSQUERO	36	ABM	1 VBM	3:28:42	Ads Extremadura Natural	3:28:42	0:33:00	0:55:33	1:55:19	2:13:56	2:34:54	2:58:42	3:06:07
39	215	Luis Carlos MACIAS PEREZ	37	ABM	10 VAM	3:29:07	Miguelañez Gente Dulce	3:29:07	0:30:57	0:52:21	1:55:24	2:13:58	2:35:28	3:00:18	3:07:30
40	465	Jose Carlos MACEDO PEREIRA	38	ABM	11 VAM	3:29:25	Desnivel Positivo	3:29:25	0:33:08	0:55:15	1:57:28	2:16:10	2:37:26	3:01:05	3:08:03
41	245	Amador PRIEDE FERNADEZ	39	ABM		3:29:32	Peña Santa	3:29:32	0:31:43	0:54:24	1:55:56	2:14:21	2:35:17	2:59:05	3:07:01
42	461	Javier DOMINGUEZ BOLAÑOS	40	ABM		3:30:18	Escuela Publica	3:30:18	0:29:22	0:51:00	1:50:41	2:10:29	2:33:35	2:57:44	3:05:34
43	270	Jose Joaquin GONZALEZ ANDRES	41	ABM	12 VAM	3:30:46	Salamanca Raids Trails Runners	3:30:46	0:32:27	0:53:27	1:51:20	2:10:34	2:31:17	2:56:36	3:04:18
44	230	Sergio PENSADO TASENDE	42	ABM		3:30:54	Cmxesteiras	3:30:54	0:32:24	0:53:26	1:59:04	2:17:26	2:38:30	3:03:10	3:10:04
45	275	Javier SAN MIGUEL BODELON	43	ABM	13 VAM	3:31:24	Team Botillos Del Bierzo	3:31:24	0:30:53	0:51:51	1:51:31	2:10:59	2:32:34	2:59:43	3:07:47
46	168	Alvaro JIMENEZ ALVAREZ	44	ABM		3:31:28	Nosolocuerda	3:31:28	0:31:30	0:51:05	1:54:09	2:13:44	2:34:56	3:00:23	3:07:59
47	102	Santiago MEZQUITA FERNANDEZ	45	ABM	14 VAM	3:31:44	Confidentia Aliste Corre	3:31:44	0:34:15	0:55:14	1:59:20	2:16:40	2:37:08	3:02:36	3:09:44
48	306	Ivan BARREIRO PEREZ	46	ABM		3:33:16	Artmenteiraepunto	3:33:16	0:33:16		1:58:38	2:17:29	2:38:26	3:03:45	3:11:08
49	190	Felix ALONSO GARCIA	47	ABM	2 VBM	3:33:42	Los Boinas Negras Del Espinar	3:33:42	0:33:39	0:55:20	1:59:18	2:18:34	2:40:30	3:04:51	3:11:58
50	423	Jose Antonio SANTANA GARCIA	48	ABM		3:34:07	Club De Montaña Moyactiva	3:34:07	0:34:21	0:56:27	1:58:56	2:17:22	2:38:35	3:04:49	3:12:07
51	129	Iñaki HORMAETXE EGUREN	49	ABM		3:34:12	Erdella Mt	3:34:12	0:34:34	0:57:18	2:00:16	2:18:37	2:40:08	3:05:01	3:12:21
52	116	Julio Cesar MARTINO PEREZ	50	ABM	15 VAM	3:34:27	Equipo Valdeon	3:34:27	0:32:08	0:54:53	1:55:58	2:15:48	2:37:48	3:02:10	3:10:16
53	113	Ivan MONTES LOMBAO	51	ABM		3:34:57	Ndorfina Sport	3:34:57	0:32:09	0:54:07	1:57:06	2:15:49	2:37:33	3:03:46	3:11:23
54	209	Antonio AGULLO CANDA	52	ABM	16 VAM	3:35:40	Independiente	3:35:40	0:32:44	0:54:50	1:56:56	2:16:08	2:37:43	3:02:52	3:11:27
55	424	Borja ALONSO CARRO	53	ABM		3:36:21	Individual	3:36:21	0:31:53	0:53:48	1:58:59	2:17:49	2:39:45	3:05:27	3:13:40
56	466	Salvador CALVO REDONDO	54	ABM	3 VBM	3:36:50	Tecnicaaviva	3:36:50	0:31:42	0:54:13	1:55:17	2:15:34	2:37:57	3:03:44	3:12:29
57	40	David REDONDO PEREZ	55	ABM		3:36:56	Club De Montaña Cumbres De Leo	3:36:56	0:33:51	0:57:02	1:59:13		2:39:12	3:04:59	3:12:18
58	125	Manuel GONZALEZ ARIAS	56	ABM		3:37:00	Asociacion Deportiva Moal	3:37:00	0:30:54	0:53:30	1:58:02	2:17:57	2:39:50	3:05:14	3:13:49
59	5	Pablo ALONSO ALVAREZ	57	ABM	17 VAM	3:37:59	Cdm Alto Sil	3:37:59	0:31:02	0:53:12	1:55:27	2:14:32	2:36:20	3:02:48	3:11:39
60	508	Carlos CHAMORRO GARCIA	58	ABM		3:38:06	Hockey Alcala	3:38:06	0:30:55	0:52:56	1:53:16	2:12:52	2:34:48	3:01:44	3:10:55
61	246	Aitor BARANDIKA	59	ABM		3:38:09	Goikogane Mendi Taldea	3:38:09	0:34:00	0:57:04	2:00:21	2:19:38	2:41:44	3:06:37	3:15:16
62	16	Borja Manuel LAMAS LAGE	60	ABM		3:38:16	Bestarruza Trinity Trail	3:38:16	0:34:31	0:57:05	1:59:29	2:18:43	2:41:13	3:07:34	3:15:15
63	477	Alejandro PIRIZ MATO	61	ABM	18 VAM	3:38:22	Alcarriatrekking	3:38:22	0:32:39		1:56:38	2:17:13	2:39:43	3:05:54	3:14:24
64	202	Alberto PAREDES PAREDES	62	ABM		3:38:31	Independiente	3:38:31	0:32:49	0:54:52	1:57:26	2:16:17	2:37:52	3:06:56	3:14:39
65	373	Ugaitz AGIRREGOMEZKORTA	63	ABM		3:38:36	Lagun Onak Mb	3:38:36	0:34:05	0:56:48	1:59:08	2:18:31	2:42:01	3:06:58	3:14:51
66	19	Daniel FERNANDEZ PEREIRAS	64	ABM		3:38:39	Gtr Galaico Trail Run	3:38:39	0:33:18	0:55:06	2:00:14	2:19:50	2:42:04	3:07:39	3:15:28
67	293	Endika CABEZUDO LOPEZ	65	ABM		3:40:10	Individual	3:40:10	0:32:14	0:53:39	1:56:52	2:16:28	2:38:32	3:06:48	3:15:11
68	166	Jose Javier TARAVILLA CANALES	66	ABM		3:40:51	Running Priego Cempri	3:40:51	0:33:32	0:56:03	2:00:10	2:21:56	2:44:37	3:10:29	3:17:55

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Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº sCat	TIEMPO CLUB	PENAL	META	EL MURO	PARAMO DEL SIL	LA CAMPONA	PRIMOUT	LA BRAÑA	PICO NEGRO	LA COLLADA
69	464	Unai PORTUONDO MONTES	67	ABM	3:41:01	Independiente	3:41:01	0:34:25	0:56:49	2:03:08	2:23:01	2:45:37	3:11:15	3:18:32
70	350	Angel GONZALEZ RIVERO	68	ABM	3:41:17	Atletismo Leon	3:41:17	0:32:34	0:54:35	2:01:44	2:20:10	2:43:18	3:10:14	3:17:30
71	27	Raul ALVAREZ MARTINEZ	69	ABM 19 VAM	3:41:46	Traspies Trail	3:41:46	0:32:10	0:54:56	1:59:02	2:19:38	2:42:14	3:09:43	3:17:56
72	487	Maximo SIRGO RODRIGUEZ	70	ABM 20 VAM	3:42:03	Club Avientu Solorunner	3:42:03	0:35:14	0:57:22	2:02:27	2:21:54	2:44:31	3:10:53	3:18:19
73	149	Ivan DE LA CRUZ HERRERO	71	ABM	3:42:44	Independiente	3:42:44	0:36:10	0:59:08	2:04:00	2:23:56	2:46:16	3:11:46	3:19:18
74	222	Jonathan MOORE	72	ABM 21 VAM	3:43:55	Eryri Harriers	3:43:55	0:34:24	0:56:39	1:59:06	2:18:01	2:41:37	3:09:09	3:17:46
75	347	Ivan GANTES DE DIEGO	73	ABM	3:45:03	Cafes Toscaf Gmea	3:45:03	0:34:17	0:57:10	2:02:25	2:22:56	2:45:53	3:12:03	3:20:48
76	6	Celso ALONSO NUÑEZ	74	ABM 22 VAM	3:45:07	Team Botillos Del Bierzo	3:45:07	0:35:41	0:59:50	2:03:23	2:24:53	2:47:14	3:12:14	3:20:28
77	488	Artur COSTA	75	ABM	3:45:58	Desnivel Positivo	3:45:58	0:36:16	0:59:21	2:05:09	2:25:15	2:48:33	3:14:00	3:22:00
78	348	Luis Alfonso MARTINEZ MUJELA	76	ABM	3:46:25	Trasierra Trail	3:46:25	0:32:03	0:53:39	1:56:50	2:15:35	2:38:17	3:07:30	3:18:03
79	486	Julio CASTELLS ARNAL	77	ABM 23 VAM	3:46:34	Enphorma Triatlon San Agustin	3:46:34	0:34:43	0:57:39	2:00:19	2:22:00	2:46:41	3:12:11	3:21:03
80	517	Benigno ALVAREZ MERA	78	ABM 24 VAM	3:46:59	Cdm Alto Sil	3:46:59	0:33:54	0:57:11	2:02:37	2:22:52	2:47:05	3:14:03	3:22:18
81	503	Oswaldo RIVERA RODRIGUEZ	79	ABM	3:47:00	Cdm Alto Sil	3:47:00							
82	128	Miguel DORADO VIEITEZ	80	ABM 25 VAM	3:47:21	Trinorthnogasa	3:47:21	0:35:24	0:58:03	2:02:35	2:22:46	2:47:21	3:14:44	3:22:54
83	43	Ricardo GIL DOPAZO	81	ABM 26 VAM	3:47:28	Cdm Xesteiras	3:47:28	0:34:59	0:58:55	2:03:56	2:24:57	2:48:20	3:12:54	3:23:28
84	329	Hugo DE LA VEGA LOPEZ	82	ABM	3:47:28	Independiente	3:47:28	0:35:25	0:58:56	2:03:58	2:25:00	2:48:29	3:15:08	3:23:31
85	425	Jose Manuel CALVO ALVAREZ	83	ABM 27 VAM	3:47:36	Team Botillos Del Bierzo	3:47:36	0:33:33	0:55:39	2:06:48	2:26:26	2:48:12	3:14:50	3:22:50
86	353	Jose Angel DIAZ BAUTISTA	84	ABM	3:47:44	Club Atletismo Sada	3:47:44	0:36:32	0:59:25	2:04:19	2:26:14	2:48:42	3:15:12	3:24:08
87	107	Alberto GARCIA RAMOS	85	ABM 28 VAM	3:48:20	Team Obaya	3:48:20	0:36:17	1:00:18	2:06:52	2:27:13	2:50:14	3:16:12	3:24:30
88	453	Adrian OLIVARES CONEJERO	86	ABM	3:48:24	Ca Dolomia Cuenca	3:48:24	0:33:22		1:59:10	2:21:02	2:44:40	3:11:55	3:21:15
89	365	Agustin CRESPO FERREIROA	87	ABM	3:49:15	Gtr Galaico Trail	3:49:15	0:34:07	0:57:07	2:02:50	2:23:50	2:47:44	3:13:18	3:22:33
90	239	Pablo ALVAREZ GONZALEZ	88	ABM 29 VAM	3:49:54	Bierzo Fitness Center Mambagym	3:49:54	0:35:15		2:08:33	2:27:43	2:50:31	3:17:59	3:26:00
91	121	Eva FERNANDEZ PINTOR	3	ABF 1 VAF	3:50:21	Independiente	3:50:21	0:38:39	1:03:16	2:08:03	2:28:11	2:51:49	3:18:04	3:26:11
92	207	Javier MEZQUITA FERNANDEZ	89	ABM	3:50:23	Confidentia Aliste Corre	3:50:23	0:34:41	0:57:30	2:06:54	2:27:50	2:51:58	3:19:34	3:27:28
93	426	Jose BONITO FERNANDEZ	90	ABM	3:50:36	Individual	3:50:36	0:33:16	0:55:35	2:02:32	2:23:06	2:47:39	3:16:13	3:24:25
94	97	David GUILLEN DURAN	91	ABM	3:51:00	Club De Atletismo Brihuega	3:51:00	0:30:35	0:52:29	1:56:33	2:17:13	2:40:50	3:12:41	3:22:59
95	509	Rafael GARCIA PEREZ	92	ABM 30 VAM	3:51:43	Tierra Tragame	3:51:43	0:39:28	1:04:32	2:09:09	2:30:58	2:53:08	3:18:47	3:26:52
96	520	Jorge SOLE CORVILLO	93	ABM 31 VAM	3:51:48	Cdm Alto Sil	3:51:48	0:35:33	0:59:07	2:08:22	2:30:23	2:53:43	3:19:37	3:27:57
97	265	Manu DIAZ VAZQUEZ	94	ABM 32 VAM	3:52:04	Cafes Toscaf Gmea	3:52:04	0:37:57	1:03:39	2:11:35	2:31:10	2:53:24	3:19:52	3:28:04
98	112	Sergio NATAL VICENTE	95	ABM	3:53:24	Cumbres De Leon	3:53:24	0:34:54	1:00:29	2:07:27	2:26:58	2:49:55	3:17:06	3:26:40
99	140	Victor LOBATO SUAREZ	96	ABM	3:53:30	Club Maraton Benavides	3:53:30	0:36:28	1:00:13	2:08:06	2:28:01	2:51:56	3:20:56	3:28:51
100	95	Ramiro PERNIA IZQUIERDO	97	ABM 33 VAM	3:53:31	Running Priego Cempri	3:53:31	0:32:20	0:54:37	2:00:12	2:22:35	2:45:35	3:14:36	3:24:31
101	349	Noel CRAINE	98	ABM 4 VBM	3:54:06	Eryri Harriers	3:54:06	0:36:23	1:00:59	2:07:16	2:27:57	2:50:53	3:19:25	3:28:07
102	361	Pablo GUTIERREZ ASKARIZ	99	ABM	3:54:09	Club Social Alcoa	3:54:09	0:35:23	0:58:10	2:09:07	2:29:55	2:54:34	3:22:42	3:30:47

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103	471	Jose Ramon VENCELLES GARCIA	100	ABM	3:54:10		Avientu Solorunners	3:54:10	0:39:28	1:04:51	2:12:46	2:33:36	2:57:08	3:23:03	3:30:27
104	111	Javier CAUREL CARRERA	101	ABM	3:54:14		Radikal Bierzo	3:54:14	0:35:19	0:58:51	2:08:08	2:29:00	2:53:23	3:21:56	3:30:05
105	217	Deibi CHALANA TEIGA	102	ABM	3:54:19		Intelligent Interval Runners	3:54:19	0:40:08	1:04:02	2:11:27	2:31:25	2:55:45	3:22:52	3:30:33
106	238	Raul MARTINEZ ACERO	103	ABM 34 VAM	3:54:46		Club Atletismo Balmori	3:54:46	0:34:52	0:59:59	2:08:17	2:29:49	2:53:28	3:20:43	3:29:16
107	282	Javichin PEREZ BOUZA	104	ABM 35 VAM	3:54:53		Club Montaña Ferrol	3:54:53	0:35:34	1:00:35	2:08:10	2:30:07	2:54:46	3:21:27	3:30:15
108	273	Juan Jose PEREZ MELIDA	105	ABM 36 VAM	3:54:56		Enphorma Triatlon San Agustin	3:54:56	0:34:48	0:58:20	2:03:43	2:24:12	2:48:37	3:18:21	3:27:54
109	120	Victorino GARCIA VILLA	106	ABM	3:55:10		Cumbres De Leon	3:55:10	0:33:03	0:56:10	2:03:54	2:25:48	2:50:24	3:19:28	3:29:45
110	188	Susana ALVAREZ CRESPO	4	ABF 2 VAF	3:55:18		Piloña Deporte	3:55:18	0:38:18	1:02:47	2:10:42	2:31:38	2:56:23	3:22:32	3:30:20
111	396	Javier TERAN CONTRERAS	107	ABM 37 VAM	3:55:43		Enphorma Montaña	3:55:43	0:37:51	1:03:23	2:10:24	2:30:38	2:53:41	3:20:01	3:28:58
112	500	Pedro CONDE	108	ABM 38 VAM	3:55:59		Corremospt	3:55:59	0:38:34	1:03:10	2:10:22	2:31:26	2:56:21	3:22:02	3:30:29
113	179	Felix Jose GARCIA FERNANDEZ	109	ABM 5 VBM	3:56:12		Cd Esportate Bikilia	3:56:12	0:36:11	0:59:51	2:06:13	2:27:06	2:51:46	3:19:49	3:28:35
114	26	Ramon RODRIGUEZ GONZALEZ	110	ABM 39 VAM	3:56:31		Korporearenteiro Trail	3:56:31	0:34:23	0:58:01	2:05:39	2:28:23	2:51:52	3:21:32	3:30:24
115	214	Juan BULNES SANCHEZ	111	ABM 40 VAM	3:57:16		Gm Picu Pienzu	3:57:16	0:33:48	0:57:26	2:05:33	2:27:56	2:53:21	3:22:37	3:31:21
116	310	Rafael PERALTA MARQUEZ	112	ABM	3:57:43		Gm Cumbre Llangreu	3:57:43	0:36:45	1:01:24	2:09:04	2:30:40	2:54:32	3:24:01	3:32:24
117	411	Kathy RODRIGUEZ CASTRO	5	ABF	3:57:51		Cdm Alto Sil	3:57:51	0:36:31	1:00:49	2:07:34	2:29:07	2:53:34	3:22:59	3:31:18
118	483	Juan Carlos MARTUL HERNANDEZ	113	ABM 6 VBM	3:58:10		Club De Montaña Xesteiras	3:58:10	0:37:58	1:02:31	2:10:16	2:31:19	2:56:16	3:23:52	3:32:50
119	225	Daniel MATA CABALLERO	114	ABM	4:00:13		Confidentia Aliste Corre	4:00:13	0:36:07	1:00:18	2:09:06	2:31:11	2:55:41	3:23:44	3:33:21
120	205	Antonio GONZALEZ FERNANDEZ	115	ABM 7 VBM	4:00:44		Asociacion Deportiva Moal	4:00:44	0:35:31	1:00:22	2:07:22	2:28:07	2:53:05	3:23:25	3:33:33
121	402	Cesar CANALES HORTELANO	116	ABM 41 VAM	4:01:34		Todovertical V	4:01:34	0:36:06	1:00:50	2:09:25	2:31:31	2:58:06	3:25:54	3:34:29
122	147	Kyke GONZALEZ MONGES	117	ABM	4:01:35		Casa Fito Chimiche	4:01:35	0:39:02	1:04:06	2:13:41	2:33:50	2:58:35	3:28:03	3:36:43
123	69	Jorge FERNANDEZ ARIAS	118	ABM	4:01:49		Kalentadas Trailrunning	4:01:49	0:38:02	1:03:11	2:10:45	2:32:08	2:56:58	3:24:29	3:34:36
124	104	Maria Beatriz RODRIGUEZ PEREZ	6	ABF 3 VAF	4:02:34		Team Botillos Del Bierzo	4:02:34	0:40:58	1:06:03	2:16:42	2:38:06	3:02:16	3:30:15	3:38:15
125	150	Jose Manuel POUSA FERNANDEZ	119	ABM 8 VBM	4:02:57		Running Sport Trail	4:02:57	0:37:18	1:02:18	2:10:08	2:31:20	2:56:19	3:23:27	3:32:57
126	474	Roberto SANZ LAZARO	120	ABM	4:02:58		Carniceria Ocejon Sigenza	4:02:58	0:38:26		2:10:21	2:31:46	2:56:34	3:23:30	3:33:08
127	151	Miguel VARA GARCIA	121	ABM	4:03:28		Avitrail Deportes Alfonso	4:03:28	0:36:33	1:00:52	2:08:25	2:32:01	2:56:30	3:24:26	3:34:20
128	388	Miguel Angel YUSTE BLAZQUEZ	122	ABM 9 VBM	4:03:33		Club Abulense De Montaña Alman	4:03:33	0:36:25	1:00:53	2:08:21	2:32:00	2:56:32	3:24:07	3:34:23
129	322	Roberto MENDEZ CUADRADO	123	ABM	4:03:43		Individual	4:03:43	0:37:41	1:02:20	2:10:39		2:55:42	3:26:27	3:35:39
130	491	Francisco REVILLA GARCIA	124	ABM 42 VAM	4:03:58		Gympeople	4:03:58	0:38:17	1:02:49	2:13:23	2:34:29	2:59:36	3:27:59	3:37:00
131	366	Anxo Manuel FERNANDEZ SABORIDO	125	ABM	4:04:03		Taninos Runners Ponteareas	4:04:03	0:35:50		2:10:14	2:31:36	2:57:44	3:28:08	3:37:18
132	414	Anibal SANCHEZ GONZALEZ	126	ABM	4:04:17		Individual	4:04:17	0:42:43	1:07:52	2:19:39	2:39:56	3:02:58	3:31:23	3:39:11
133	257	Daniel PASTUR IGLESIAS	127	ABM	4:04:33		Trail Running Fonsagrada	4:04:33	0:35:39	1:00:32	2:11:59	2:33:53	2:58:30	3:28:36	3:37:48
134	502	Andre CASTRO	128	ABM 43 VAM	4:04:41		Desnivel Positivo	4:04:41	0:39:06	1:03:55	2:14:04	2:35:47	3:01:03	3:29:40	3:38:37
135	195	Alberto DE LA CALLE GALLARDO	129	ABM	4:05:31		Amurrio Trail Taldea	4:05:31	0:38:45	1:04:45	2:13:27	2:36:54	3:01:46	3:30:09	3:39:23
136	17	Jesus ZAPICO RICAURTE	130	ABM	4:05:42		Gm Reinoastur	4:05:42	0:39:59	1:04:59	2:14:16	2:36:32	3:01:22	3:30:06	3:39:30

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137	199	Roberto BARRIO GONZALEZ	131	ABM	4:05:46	Team Botillos	4:05:46	0:40:53	1:06:02	2:16:35	2:37:50	3:01:59	3:30:12	3:38:18
138	303	Ruben RIVERO FERNANDEZ	132	ABM	4:06:01	Artarrai Mendi Elkarte	4:06:01	0:36:44	1:02:14	2:11:33	2:33:43	3:00:14	3:29:45	3:38:57
139	41	Miguel Angel GARNELO MARTINEZ	133	ABM	4:06:07	Titanes Del Sil	4:06:07	0:38:44	1:04:06	2:16:08	2:37:09	3:02:13	3:31:57	3:40:41
140	455	Leah MAHER	7	ABF	4:06:11	Fm Track Club	4:06:11	0:36:52	1:02:23	2:10:19	2:33:28	2:59:57	3:29:00	3:38:23
141	240	Alejandro ROBLEDA CORRALES	134	ABM	4:06:16	Individual	4:06:16	0:37:38	1:01:21	2:11:32	2:35:22	3:00:41	3:31:38	3:40:44
142	132	Mario RODRIGUEZ OTERO	135	ABM	4:06:23	Atletismo Fontes Do Sar	4:06:23	0:41:20	1:06:26	2:17:43	2:39:34	3:03:15	3:31:19	3:40:08
143	418	Ruben ALVAREZ DEL CASTILLO	136	ABM	4:06:42	Club Alto Sil	4:06:42	0:35:55	0:59:20	2:11:13	2:31:51	2:59:42	3:30:27	3:40:04
144	9	Jose Carlos RODRIGUEZ TERRON	137	ABM 44 VAM	4:06:45	Intelligent Interval Ponferrad	4:06:45	0:37:46	1:01:07	2:11:19	2:33:45	3:00:23	3:30:01	3:39:15
145	33	Valentin PEREZ CUADRADO	138	ABM	4:06:45	Fonte Da Trave	4:06:45	0:37:45	1:01:08	2:11:25	2:33:47	3:00:24	3:29:52	3:39:16
146	381	Pablo FREIRE CASTRO	139	ABM 45 VAM	4:07:45	Cn Langosteira	4:07:45	0:40:02	1:06:13	2:17:47	2:39:31	3:02:53	3:31:18	3:41:01
147	302	Isaac RAMOS ARCONADA	140	ABM 46 VAM	4:07:47	Cerrato Trail Running	4:07:47	0:43:13	1:09:01	2:19:48	2:40:03	3:04:35	3:32:15	3:40:58
148	312	Manuel Angel DE LLANO DE LA MATA	141	ABM	4:07:58	Independiente	4:07:58	0:35:57	1:00:35	2:12:00	2:34:24	3:00:29	3:29:27	3:39:25
149	23	Armando RODRIGUEZ DIEZ	142	ABM 47 VAM	4:08:35	Mtbrunners Leon	4:08:35	0:40:00	1:05:25	2:20:22	2:41:36	3:05:18	3:32:58	3:41:33
150	85	Jorge Manuel GARCIA RODRIGUEZ	143	ABM 48 VAM	4:08:50	Noitebra	4:08:50	0:33:36	0:57:29	2:08:13	2:29:24	2:54:47	3:26:51	3:38:09
151	32	Marcos VAZQUEZ	144	ABM	4:09:12	Kalentadastrailrunning	4:09:12	0:41:55	1:07:45	2:19:00	2:40:22	3:05:49	3:35:49	3:44:02
152	1	Nerea MARTINEZ URRUZOLA	8	ABF 4 VAF	4:09:36	Hoka Teampedrezuela	4:09:36	0:40:04	1:05:26	2:16:45	2:38:30	3:03:48	3:31:55	3:41:42
153	338	Luis CUERDO ARCE	145	ABM	4:09:59	Individual	4:09:59	0:35:42	1:01:05	2:09:10	2:29:28	2:55:37	3:28:23	3:39:37
154	176	Alejandro MARTINEZ VARELA	146	ABM	4:10:08	Ad Jarnachas	4:10:08	0:38:58	1:04:48	2:16:07	2:37:49	3:04:32	3:34:35	3:43:30
155	229	Fernando ALVAREZ GALLEG0	147	ABM	4:10:16	Cm Desert Amunt	4:10:16	0:40:14	1:06:11	2:17:39	2:40:05	3:06:03	3:35:14	3:44:05
156	247	Oscar ANDRES SUAREZ	148	ABM 49 VAM	4:11:47	Loterias Javier Ciñera	4:11:47	0:36:53	1:01:15	2:13:54	2:36:40	3:01:43	3:31:25	3:41:44
157	248	Miguel MENDEZ DIAZ	149	ABM	4:12:13	Individual	4:12:13	0:40:06	1:05:02	2:17:34	2:40:18	3:06:22	3:37:22	3:46:07
158	94	Jose Maria ALVAREZ MORATIEL	150	ABM 50 VAM	4:12:53	Individual	4:12:53	0:39:51	1:05:09	2:17:36	2:40:01	3:04:49	3:35:47	3:45:05
159	67	Rodrigo ACINAS MENA	151	ABM	4:12:57	Cd Tragaleguastragalpinos	4:12:57							
160	336	Javier GOMEZ PRADA	152	ABM	4:13:00	La Lebre	4:13:00	0:38:41	1:04:52	2:19:44	2:41:23	3:08:42	3:38:45	3:47:25
161	276	Alberto GONZALEZ HERRANZ	153	ABM	4:13:14	Trailxtrem Team	4:13:14	0:38:31		2:15:06	2:37:05	3:03:50	3:34:41	3:44:11
162	20	Ivan BAELO FERNANDEZ	154	ABM	4:13:37	Enphorma	4:13:37	0:34:34	1:01:52	2:13:16	2:36:52	3:03:43	3:31:41	3:41:56
163	427	Manuel MENDEZ GAVELA	155	ABM	4:13:39	Cdm Alto Sil	4:13:39	0:32:24	0:53:53	2:06:30	2:28:19	2:54:18	3:26:47	3:38:05
164	412	Julian RODRIGUEZ ASENSIO	156	ABM 10 VBM	4:13:45	Cdm Alto Sil	4:13:45	0:39:16	1:05:16	2:18:33	2:40:21	3:06:05	3:37:57	3:47:29
165	184	Jose Manuel VIDAL MARTINEZ	157	ABM 51 VAM	4:13:51	Sin Recortes	4:13:51	0:42:09	1:08:59	2:21:16	2:43:09	3:08:00	3:38:14	
166	75	Ruben RODRIGUEZ ESTEVEZ	158	ABM	4:14:19	Coutadas Trail Team	4:14:19	0:43:55	1:11:26	2:24:12	2:44:47	3:09:01	3:38:32	3:47:53
167	135	Alfredo ALCANTARA LORENZO	159	ABM 52 VAM	4:14:21	Coutadas Trail Team	4:14:21	0:43:50	1:11:26	2:24:10	2:44:46	3:08:59	3:38:58	3:47:50
168	108	David BARREIRO CADENAS	160	ABM	4:14:24	Club Alpino Berciano	4:14:24	0:41:02	1:07:36	2:21:07	2:43:40	3:09:19	3:38:35	3:47:24
169	213	Javier CASADO GARCIA	161	ABM	4:14:33	Individual	4:14:33	0:37:52	1:03:17	2:19:20	2:42:03	3:08:18	3:38:41	3:48:01
170	341	Juan Jose ESCUREDO FERREIRO	162	ABM 11 VBM	4:15:12	Bierzotododeporte	4:15:12	0:39:20	1:04:39	2:17:28	2:39:59	3:06:01	3:36:38	3:46:50

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171	337	Manuel Angel VAL CARRAL	163	ABM	4:15:48	Individual	4:15:48	0:39:48	1:05:43	2:16:38	2:38:30	3:03:56	3:35:42	3:45:38
172	398	Edward HARMER	164	ABM 53 VAM	4:16:06	Individual	4:16:06	0:39:30	1:04:55	2:19:52	2:41:31	3:07:46	3:39:03	3:48:05
173	46	Adrian BENAVIDES CABEZAS	165	ABM	4:16:46	Individual	4:16:46	0:42:30	1:08:39	2:22:23	2:45:08	3:11:55	3:42:26	3:50:51
174	61	Jesus OBLANCA SANCHEZ	166	ABM 54 VAM	4:17:13	Ale	4:17:13	0:38:26		2:17:59	2:39:41	3:05:44	3:40:02	3:49:41
175	90	Jesus Enrique REY SOUTO	167	ABM 55 VAM	4:18:25	Clube Atletismo Boimorto	4:18:25	0:42:39	1:08:13	2:21:27	2:43:53	3:10:28	3:40:43	3:50:09
176	219	Natalia PENDAS FRANCO	9	ABF	4:18:37	Tribustrail	4:18:37	0:44:33	1:10:16	2:20:35	2:42:09	3:08:14	3:38:27	3:47:58
177	66	Roberto MAGAZ VARA	168	ABM	4:18:58	Team Botillos	4:18:58	0:35:04	0:58:22	2:10:12	2:34:25	3:00:27	3:30:18	3:41:11
178	304	Andres HIPOLITO REDONDO	169	ABM 56 VAM	4:19:01	Individual	4:19:01	0:34:13	1:01:21	2:11:57	2:38:09	3:05:58	3:37:26	3:47:17
179	163	Salvador PRADAL GARCIA	170	ABM 12 VBM	4:20:06	Independiente	4:20:06	0:38:20	1:04:09	2:17:53	2:39:54	3:05:47	3:38:19	3:47:55
180	288	Daniel FEIJOO PALLEIRO	171	ABM	4:20:25	Jarnachas	4:20:25	0:37:24	1:02:38	2:17:03	2:39:09	3:05:59	3:37:19	3:47:42
181	134	Miguel ORTIZ DOMINGUEZ	172	ABM 57 VAM	4:21:14	Trotadas	4:21:14	0:38:15	1:04:26	2:16:44	2:37:37	3:03:34	3:35:44	3:47:33
182	64	Alberto MORLAN OTERO	173	ABM	4:21:32	Club Atletismo Sada Montaña	4:21:32	0:43:59	1:10:41	2:26:36	2:50:47	3:17:31	3:47:19	3:55:01
183	296	Luis Angel ALVAREZ BODELON	174	ABM 58 VAM	4:21:52	Independiente	4:21:52	0:43:01	1:08:50	2:22:42	2:45:09	3:11:08	3:44:22	3:53:58
184	379	Fernando CORDERO RODRIGUEZ	175	ABM 59 VAM	4:21:55	Gm Reinoastur	4:21:55	0:39:57	1:04:58	2:17:30	2:42:17	3:07:27	3:41:50	3:53:30
185	136	Susana FERNANDEZ LOPEZ	10	ABF	4:22:22	Intelligent Interval Ponferrad	4:22:22	0:44:29	1:12:10	2:27:47	2:50:59	3:18:41	3:47:36	3:55:48
186	490	Jose Antonio MOYA ALONSO	176	ABM 60 VAM	4:22:43	Trailxtrem Team	4:22:43	0:41:23	1:06:51	2:22:35	2:46:40	3:15:51	3:46:30	3:54:46
187	384	Pablo RAMOS SUAREZ	177	ABM	4:22:48	Team Obaya	4:22:48	0:41:32	1:07:28	2:24:41	2:50:42	3:17:21	3:46:26	3:55:20
188	30	Roberto DIEGUEZ GONZALEZ	178	ABM	4:23:25	Daniela Trail	4:23:25	0:38:46	1:03:51	2:16:34	2:39:36	3:05:55	3:39:09	3:50:02
189	380	Manuel PASTOR ORTIZ	179	ABM 61 VAM	4:23:30	Independiente	4:23:30							
190	223	Alvaro Vidal LOPEZ MANSO	180	ABM 13 VBM	4:23:41	Cd Atletismo Carbonero	4:23:41	0:39:53	1:06:49	2:19:42	2:44:36	3:12:30	3:43:32	3:53:35
191	39	Juan Mari YANDIOLA IDIRIN	181	ABM	4:23:50	Goikogane Mendi Taldea	4:23:50	0:41:40	1:08:21	2:22:44	2:50:01	3:15:53	3:46:32	3:55:26
192	376	Gaspar LUNA MANSILLA	182	ABM 62 VAM	4:24:09	Running Para Todos	4:24:09	0:38:14	1:02:29	2:17:33	2:40:16	3:08:25	3:45:00	3:54:44
193	308	Javier IGLESIAS SANCHEZ	183	ABM	4:24:21	Salamanca Raids Trails Runners	4:24:21	0:44:45	1:12:30	2:27:00	2:52:13	3:19:07	3:49:03	3:58:13
194	368	Eduardo HERAS CRISTOBAL	184	ABM 63 VAM	4:24:22	Individual	4:24:22	0:38:28	1:05:04	2:22:38	2:47:14	3:13:29	3:46:08	3:55:29
195	260	Hugo GARCIA CUETO	185	ABM	4:24:58	Individual	4:24:58	0:46:22	1:12:18	2:30:05	2:52:11	3:19:09	3:49:04	3:57:59
196	377	Romeu GOUVEIA	186	ABM	4:25:28	Salomon Suunto Portugal	4:25:28	0:32:29	0:55:51	2:25:43	2:50:54	3:17:10	3:47:28	3:58:06
197	187	Marco VELUDO PIRES	187	ABM	4:25:31	Escaravelhos Team	4:25:31	0:44:23	1:10:55	2:25:46	2:50:40	3:17:08	3:47:55	3:57:46
198	71	Florentino DE LA VEGA SALAMANCA	188	ABM 64 VAM	4:25:46	Individual	4:25:46	0:37:01	1:02:08	2:12:05	2:36:52	3:06:48	3:38:20	3:48:57
199	397	Ivan DOPAZO SARRIEGO	189	ABM 65 VAM	4:25:54	Club Team Obaya	4:25:54	0:43:15	1:10:07	2:25:17	2:50:44	3:17:29	3:48:45	3:57:50
200	494	Natalia PIRES AMOEDO	11	ABF	4:25:59	Individual	4:25:59	0:43:46	1:10:42	2:25:51	2:49:14	3:16:51	3:48:59	3:57:54
201	383	Adolfo FERNANDEZ DOCASAR	190	ABM 66 VAM	4:26:17	Running Sport Trail Ourense	4:26:17	0:42:17	1:07:45	2:23:54	2:45:43	3:12:56	3:47:17	3:57:20
202	157	Adrian CAUREL SASTRE	191	ABM	4:26:39	Club Alpino Berciano	4:26:39	0:40:51	1:07:23	2:24:28	2:49:06	3:16:57	3:47:24	3:56:24
203	22	Tito BORRAJO GRANDE	192	ABM	4:27:15	Independiente	4:27:15	0:41:19	1:07:54	2:21:26	2:47:51	3:17:11	3:47:30	3:56:48
204	226	Julio ALVAREZ ESTEVEZ	193	ABM	4:27:17	Running Sport Trail	4:27:17	0:36:12	1:02:06	2:20:15	2:47:51	3:17:14	3:47:26	3:56:50

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Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº sCat	TIEMPO CLUB	PENAL	META	EL MURO	PARAMO DEL SIL	LA CAMPONA	PRIMOUT	LA BRAÑA	PICO NEGRO	LA COLLADA
205	186	Marco Antonio SAN JUAN GARCIA	194 ABM	67 VAM	4:28:05	Gm Reinoastur	4:28:05	0:42:08	1:09:27	2:28:21	2:52:27	3:19:12	3:49:32	3:58:43
206	228	Israel ROBLEDO ROBLEDO	195 ABM	68 VAM	4:28:18	G M La Acebeda	4:28:18	0:44:09	1:11:47	2:28:51	2:52:22	3:19:30	3:50:24	3:59:52
207	479	Diogo SOARES DA COSTA ALMEIDA	196 ABM		4:28:42	Independiente	4:28:42	0:41:48	1:07:54	2:22:33	2:47:48	3:16:54	3:47:13	3:58:02
208	307	Martin ROMERO RODRIGUEZ	197 ABM		4:28:46	Aviva Sport Club	4:28:46	0:43:54	1:10:20	2:26:57	2:51:02	3:17:06	3:48:47	3:58:10
209	106	Bruno CARDAMAS FREIRE	198 ABM		4:28:53	Bestarruza Trinity Trail	4:28:53	0:35:12	0:58:43	2:09:55	2:31:13	2:57:57	3:33:24	3:47:02
210	309	Jose Antonio BARREALES PINTO	199 ABM	69 VAM	4:29:14	Kalentadas Trail Rnuuing	4:29:14	0:40:45	1:06:50	2:19:50	2:43:02	3:09:49	3:45:31	3:56:39
211	62	Daniel FERNANDEZ NUÑEZ	200 ABM		4:29:21	Individual	4:29:21	0:46:15	1:12:27	2:29:07	2:52:21	3:19:13	3:49:46	4:00:13
212	492	Manuel GUTIERREZ ALCALA	201 ABM	70 VAM	4:29:34	Senderismo Joven Madrid	4:29:34	0:43:08	1:10:49	2:28:54	2:52:25	3:20:29	3:50:17	3:59:48
213	435	Victor CARBAJO CARRETE	202 ABM		4:29:48	Gas Natural Fenosa	4:29:48	0:37:32	1:01:29	2:21:48	2:46:13	3:17:02	3:47:40	3:59:17
214	382	Daniel FIDALGO DIAZ	203 ABM		4:30:50	Gm Peña Mea	4:30:50	0:40:17	1:05:55	2:20:20	2:45:03	3:13:43	3:48:13	3:58:18
215	164	Borja LAGO NODAR	204 ABM		4:31:50	Ad Jarnachas	4:31:50	0:43:40	1:11:22	2:29:59	2:53:58	3:23:55	3:53:50	4:02:55
216	434	Alberto SANCHEZ FERNANDEZ	205 ABM		4:32:26	Gas Natural Fenosa	4:32:26	0:40:42	1:09:07	2:27:09	2:50:48	3:17:25	3:49:01	4:01:32
217	153	Guillermo CAMPO CORTES	206 ABM		4:32:28	Tragalpinos	4:32:28	0:41:35	1:07:13	2:22:21		3:19:14	3:51:27	4:01:04
218	42	Juan Luis SANCHEZ GONZALEZ	207 ABM		4:32:43	Independiente	4:32:43	0:46:18	1:14:51	2:34:03	2:59:00	3:25:36	3:55:27	4:05:26
219	57	Fernando LAGO CASTRO	208 ABM	71 VAM	4:33:09	Coutadas Trail Team	4:33:09	0:44:15	1:12:18	2:35:25	2:58:30	3:24:50	3:59:25	4:08:08
220	48	Angel ALVARO BAYON	209 ABM		4:33:15	Individual	4:33:15	0:44:04	1:13:31	2:33:19	2:57:46	3:24:47	3:55:12	4:05:12
221	370	Mario LOZANO FERNANDEZ	210 ABM		4:33:30	Gae Club Nevada Lozan Team	4:33:30	0:44:13	1:12:28	2:30:37	2:54:34	3:24:05	3:52:02	4:02:09
222	144	Alejandro LAVEDAN MARTINEZ	211 ABM		4:33:43	Gm Cumbre Llangreu	4:33:43	0:47:14	1:14:59	2:28:49	2:52:06	3:20:26	3:52:54	4:03:58
223	367	Miguel NOTARIO	212 ABM	72 VAM	4:34:47	Trailxtrem Team	4:34:47	0:41:37	1:09:54	2:28:01	2:53:21	3:23:00	3:54:33	4:04:23
224	138	Luis RODRIGUEZ NUÑEZ	213 ABM	73 VAM	4:35:16	Club Atletismo Sada	4:35:16	0:43:59	1:10:36	2:26:58	2:57:02	3:26:51	3:58:38	4:08:30
225	174	Ruben FERNANDEZ BERMUDEZ	214 ABM	14 VBM	4:36:05	Individual	4:36:05	0:40:12	1:08:11		2:52:01	3:21:35	3:54:14	4:05:31
226	139	Jaime DIEZ ENA	215 ABM		4:36:29	Independiente	4:36:29	0:42:24	1:09:32	2:24:45		3:19:05	3:51:04	4:01:37
227	467	Jose Pedro ALVAREZ CASADO	216 ABM		4:36:53	Individual	4:36:53	0:42:12	1:10:39	2:29:50	2:53:36	3:24:09	3:58:28	4:07:37
228	235	Javier VAQUERO	217 ABM	74 VAM	4:37:00	Orkatzak	4:37:00	0:40:13	1:06:23	2:21:24	2:50:17	3:19:17	3:51:20	4:02:42
229	473	Laura DIONISIO GONZALEZ	12 ABF		4:37:33	Senderismo Joven Madrid	4:37:33	0:44:28	1:12:10	2:27:05	2:53:34	3:24:37	3:55:14	4:06:03
230	154	Jose Miguel REDONDO ROBLEDO	218 ABM	75 VAM	4:39:26	Gm Picu Pienzu	4:39:26	0:49:49	1:20:03	2:37:41	3:00:52	3:27:22	3:58:30	4:08:21
231	345	Martin MARTINEZ CABEZAS	219 ABM	76 VAM	4:39:38	Independiente	4:39:38	0:46:17	1:15:39	2:34:07	2:58:42	3:25:51	3:57:53	4:09:27
232	54	Angel GOMEZ	220 ABM	77 VAM	4:39:59	Gtr Galaico Trail Run	4:39:59	0:41:33	1:09:32	2:26:33	2:50:56	3:21:05	3:56:17	4:08:03
233	84	Javier HIDALGO VASCO	221 ABM	78 VAM	4:40:30	Todovertical V	4:40:30							
234	103	Manuel VALEBONA REFOJOS	222 ABM	79 VAM	4:40:54	Trinorthnogasa	4:40:54	0:43:22	1:10:21	2:23:08	2:50:00	3:18:37	3:55:24	4:08:28
235	83	Lorenzo MENDEZ AVELLO	223 ABM		4:41:25	Cn Remeros Del Navia	4:41:25	0:43:40	1:10:41	2:27:45	2:52:17	3:19:54	3:54:19	4:06:57
236	160	Miguel Angel VEGA ARIAS	224 ABM	80 VAM	4:41:33	Beer Runners	4:41:33	0:41:09	1:07:57	2:26:48	2:50:49	3:18:57	3:58:01	4:08:53
237	221	David FERNANDEZ TABOADA	225 ABM		4:42:18	Galaico Trail Run Gtr	4:42:18	0:47:02	1:16:36	2:37:39	3:02:39	3:31:29	4:02:30	4:12:48
238	266	Juan Alberto VILA RABUÑAL	226 ABM		4:42:31	Independiente	4:42:31	0:41:57	1:09:16	2:29:16	2:55:17	3:25:05	4:01:22	4:11:57

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239	114	Carlos LOZANO FERNANDEZ	227	ABM	4:42:32		Nevada Palencia	4:42:32	0:44:21	1:12:34	2:33:21	2:58:06	3:27:39	3:59:33	4:09:43
240	493	Manuel LOPEZ FELIPE	228	ABM 81 VAM	4:42:52		Todovertical V Montañeros Anon	4:42:52	0:45:22	1:13:44	2:33:26	3:01:36	3:30:27	4:02:21	4:12:01
241	98	Ignacio OTERO COMBARRO	229	ABM 82 VAM	4:42:58		Individual	4:42:58	0:43:37	1:12:15	2:33:02	2:58:07	3:27:27	3:59:38	4:10:56
242	372	Alison THOMAS	13	ABF 1 VBF	4:43:14		Eryri Harriers	4:43:14	0:45:50	1:15:44	2:39:08	3:03:24	3:32:29	4:04:51	4:14:32
243	91	Cesar ALCOBA GONZALEZ	230	ABM	4:43:31		Independiente	4:43:31	0:42:23	1:10:45	2:30:19	2:54:23	3:24:08	3:58:06	4:09:51
244	277	Jairo RONDA ORUVE	231	ABM	4:43:35		Individual	4:43:35	0:39:55	1:07:47	2:24:03	2:50:34	3:19:03	3:52:46	4:04:39
245	7	Jose RODRIGUEZ QUINTAS	232	ABM 15 VBM	4:44:00		Running Sport Trail	4:44:00	0:42:17	1:10:34	2:29:53	2:53:59	3:21:26	3:54:57	4:07:40
246	335	Vidal GAMONAL RODRIGUEZ	233	ABM 83 VAM	4:44:05		Cacuencadolomia	4:44:05	0:46:09	1:13:53	2:34:05	2:58:56	3:28:13	4:01:29	4:12:02
247	279	David VAZQUEZ GARCIA	234	ABM	4:44:42		Individual	4:44:42	0:45:34	1:12:35	2:34:17	2:59:34	3:30:24	4:03:20	4:13:13
248	431	Cesar GONZALEZ GONZALEZ	235	ABM 84 VAM	4:45:06		Individual	4:45:06	0:41:27	1:08:49	2:26:09	2:51:03	3:19:22	3:57:05	4:09:13
249	495	Emily WOOD	14	ABF 5 VAF	4:45:36		Welsh Athletics	4:45:36	0:43:17	1:12:29	2:32:35	2:58:31	3:28:21	4:01:19	4:12:37
250	167	Marcos PONCELAS	236	ABM	4:45:37		Independiente	4:45:37	0:43:46	1:11:58	2:33:29	2:59:21	3:28:48	4:00:47	4:13:53
251	181	Ramon FLORIN MANCEBO	237	ABM	4:45:49		Individual	4:45:49	0:45:28	1:14:27	2:37:37	3:02:28	3:31:57	4:04:42	4:14:07
252	38	Ana MORAN PEREIRA	15	ABF 6 VAF	4:45:56		Radikal Bierzo	4:45:56	0:45:13	1:13:00	2:35:24	3:01:19	3:32:55	4:05:38	4:15:26
253	109	Jose Antonio MUÑOZ GARCIA	238	ABM 16 VBM	4:46:04		Rsea Peñalara	4:46:04	0:45:21	1:13:55	2:37:30	3:02:25	3:32:58	4:05:49	4:16:02
254	175	Carlos SAHELICES DIEZ	239	ABM 17 VBM	4:46:07		Cumbres De Leon	4:46:07	0:44:19	1:14:55	2:37:28	3:03:37	3:33:01	4:05:34	4:15:58
255	47	Jose Manuel DE LA VILLA REQUEJO	240	ABM 18 VBM	4:46:21		Interval Ponferrada	4:46:21	0:46:16	1:18:08	2:39:38	3:04:31	3:32:34	4:05:27	4:16:00
256	96	Baldo ROMERO MARQUEZ	241	ABM 19 VBM	4:46:46		Rsea Peñalara	4:46:46	0:44:18	1:11:08	2:26:55	2:50:59	3:24:44	3:59:36	4:12:11
257	292	Alvaro GONZALEZ GOMEZ	242	ABM	4:47:08		Independiente	4:47:08	0:47:38	1:16:49	2:43:28	3:08:56	3:37:18	4:09:48	4:18:32
258	189	Jorge CANCIO FERNANDEZ	243	ABM	4:47:51		Aviva Sport Club	4:47:51	0:45:13	1:12:42	2:34:42	3:00:20	3:28:41	4:04:31	4:14:33
259	82	Alberto ALARCON GARCIA	244	ABM 85 VAM	4:48:18		Club Triatlón Ondarreta Alcorc	4:48:18	0:43:43	1:11:55	2:31:14	3:00:11	3:29:00	4:01:56	4:13:45
260	180	David RODRIGUEZ FERNANDEZ	245	ABM	4:48:18		Deportes MI Black	4:48:18	0:46:57	1:18:14	2:40:05	3:05:22	3:35:38	4:07:50	4:17:48
261	391	Carlos GOMEZ MENDEZ	246	ABM	4:48:30		Cdm Alto Sil	4:48:30	0:41:11	1:08:35	2:26:43	2:52:44	3:25:15	4:02:00	4:14:44
262	216	Sergio RODRIUEZ VAZQUEZ	247	ABM	4:48:42		Ad Jarnachas	4:48:42	0:43:34	1:11:22	2:30:02	2:54:21	3:25:27	4:01:32	4:14:27
263	185	David FERNANDEZ GAUTE	248	ABM	4:48:50		Individual	4:48:50	0:46:15	1:12:38	2:32:48	2:57:59	3:27:12	4:02:16	4:13:57
264	126	Ruben OLMEDA SANZ	249	ABM 86 VAM	4:48:52		Individual	4:48:52	0:45:02	1:13:45	2:33:50	3:01:10	3:31:11	4:03:51	4:15:23
265	87	Enrique GUTIERREZ VAZQUEZ	250	ABM 87 VAM	4:48:57		Carmarisqueiro	4:48:57	0:45:53	1:14:49	2:34:00	3:01:09	3:31:08	4:04:21	4:15:55
266	170	Jose Manuel MESIAS FERNANDEZ	251	ABM 88 VAM	4:48:57		Independiente	4:48:57	0:46:28	1:16:12	2:39:40	3:05:06	3:34:18	4:06:26	4:17:16
267	485	Dario ARES ALVAREZ	252	ABM	4:48:58		Trailxtrem Team	4:48:58	0:42:57	1:11:04	2:32:50	3:00:27	3:32:22	4:04:45	4:15:37
268	325	Jaime DIEZ AREAN	253	ABM 89 VAM	4:49:12		Montañitos	4:49:12	0:42:21	1:13:27	2:35:22	3:00:35	3:28:33	4:03:01	4:13:40
269	18	Victoria CEBREIRO LOPEZ	16	ABF	4:49:19		Radikal Bierzo Team	4:49:19	0:45:07	1:12:59	2:35:21	3:01:22	3:32:59	4:09:40	4:20:00
270	433	Pablo FEITO GARCIA	254	ABM	4:49:23		Gas Natural Fenosa	4:49:23	0:43:38	1:12:24	2:33:24	2:57:32	3:30:08	4:03:44	4:16:20
271	80	Senen GONZALEZ OTERO	255	ABM	4:49:25		Salce Corre	4:49:25	0:44:17	1:14:53	2:38:48	3:04:14	3:35:29	4:08:32	4:18:54
272	476	Gustavo MARTINEZ GARCIA	256	ABM 90 VAM	4:50:20		Independiente	4:50:20	0:43:31	1:10:56	2:32:59	2:58:53	3:29:56	4:05:02	4:16:08

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273	478	Agustin RISUEÑO MARTIN	257 ABM	20 VBM	4:51:15	Jaramugos Y Jumentos	4:51:15	0:47:35	1:16:49	2:38:46	3:03:36	3:35:23	4:09:36	4:19:58
274	133	Alejandro GOMEZ SCHMIDTKE	258 ABM	21 VBM	4:51:19	Independiente	4:51:19	0:43:33	1:11:44	2:33:30	3:00:23	3:30:22	4:05:50	4:18:04
275	8	Jose Manuel CRESPO RUBIO	259 ABM	91 VAM	4:51:29	Individual	4:51:29	0:45:08	1:12:47	2:33:17	2:59:30	3:28:31	4:05:52	4:18:47
276	258	Alberto GARCIA ENCINAS	260 ABM		4:51:41	Individual	4:51:41	0:46:28	1:15:07	2:34:25	3:01:01	3:31:55	4:05:47	4:16:35
277	339	Cristian VILLALBA ARENAS	261 ABM		4:51:42	Individual	4:51:42	0:46:26	1:15:06	2:34:21	3:00:59	3:31:52	4:05:48	4:16:33
278	360	Luis RAMOS VALE	262 ABM		4:51:59	Gallaecia Raid	4:51:59	0:41:53	1:11:07	2:33:23	3:01:16	3:33:36	4:07:09	4:18:15
279	291	Javier HERVA MIGUEZ	263 ABM		4:52:29	Cn Langosteira	4:52:29	0:44:51	1:15:26	2:37:32	3:02:13	3:32:32	4:08:02	4:19:04
280	56	Antonio Manuel VILLA TORRES	264 ABM	92 VAM	4:52:35	Trailxtrem Team	4:52:35	0:49:23	1:21:29	2:44:49	3:11:30	3:38:51	4:14:16	4:24:18
281	262	Marcos BAS FERNANDEZ	265 ABM		4:53:31	Independiente	4:53:31	0:44:09	1:13:04	2:32:46	2:59:04	3:31:26	4:05:32	4:17:46
282	290	Roberto CALVO BARRERO	266 ABM		4:53:59	Individual	4:53:59	0:49:03	1:17:31	2:41:48	3:08:51	3:37:47	4:12:07	4:23:01
283	489	Diego MUÑIZ GONZALEZMANJOYA	267 ABM		4:54:06	Team Obaya	4:54:06	0:43:56	1:15:09	2:39:14	3:04:53	3:35:35	4:13:23	4:24:53
284	283	Pablo MARTINEZ ROSIQUE	268 ABM		4:54:25	Club Deportivo Runtriton	4:54:25	0:44:58	1:15:09	2:35:49	3:04:51	3:35:52	4:09:56	4:23:04
285	343	Manuel VAZQUEZ SUAREZ	269 ABM	93 VAM	4:54:25	Coutadas Trail Team	4:54:25	0:50:22	1:21:04	2:47:16	3:12:19	3:40:57	4:14:44	4:24:30
286	253	Victor Javier CANALES GOMEZ	270 ABM		4:54:36	Club Deportivo Runtriton	4:54:36	0:45:23	1:15:14	2:36:14	3:04:10	3:35:49		4:23:29
287	271	Alejandro SANTOS FUENTES	271 ABM		4:55:01	Cd Universidad De Leon	4:55:01	0:56:59	1:25:48	2:42:39	3:08:20	3:38:30		4:19:09
288	311	Rogelio PACIOS YAÑEZ	272 ABM	22 VBM	4:55:54	Rutas Del Bierzo	4:55:54	0:46:38	1:15:22	2:39:32	3:05:29	3:35:56	4:13:19	4:23:57
289	197	Roberto BRUGOS MARTINEZ	273 ABM	94 VAM	4:56:25	Coyanza Trail	4:56:25	0:43:52	1:11:53	2:33:16	2:59:16	3:28:39	4:07:15	4:22:38
290	462	Adrian RAMOS SANCHEZ	274 ABM		4:56:32	Escuela Publica	4:56:32	0:45:48	1:16:01	2:43:20	3:10:20	3:40:18	4:13:30	4:24:59
291	300	Anton ALVAREZ FORMOSO	275 ABM	95 VAM	4:56:40	Independiente	4:56:40	0:49:45	1:23:43	2:44:44	3:10:02	3:39:01	4:14:29	4:25:25
292	193	Priscila SUAREZ MENDEZ	17 ABF		4:56:41	Marathon Running Shopjarnachas	4:56:41	0:45:58	1:16:26	2:37:19	3:09:14	3:42:40	4:15:32	4:26:05
293	416	Daniel BRULL RODRIGUEZ	276 ABM		4:57:28	Buscame En La Cima	4:57:28	0:39:49	1:07:50	2:32:14	2:59:12	3:33:38	4:09:02	4:23:01
294	395	Jorge AGUADO ESTEBANEZ	277 ABM		4:57:34	Radikal Bierzo Team	4:57:34	0:46:24	1:16:35	2:39:52	3:06:29	3:36:28	4:12:45	4:24:26
295	68	Francisco Javier RIOS DELGADO	278 ABM	96 VAM	4:58:34	Independiente	4:58:34	0:49:28	1:20:52	2:43:49	3:10:00	3:42:07	4:14:32	4:26:06
296	227	Fernando ALVAREZ MARTINEZ	279 ABM	97 VAM	4:58:40	Trapies	4:58:40	0:41:13	1:10:55	2:33:09	3:00:00	3:32:26	4:08:30	4:21:59
297	378	Carlos CORDERO RODRIGUEZ	280 ABM		4:58:40	Gm Reinoastur	4:58:40	0:42:03	1:09:28	2:33:12	2:58:04	3:28:26	4:10:06	4:22:53
298	436	Joaquin GARCIA FERNANDEZ	281 ABM	98 VAM	4:58:51	Gas Natural Fenosa	4:58:51	0:45:33	1:14:16	2:37:14	3:02:10	3:35:01	4:11:23	4:23:00
299	355	Javier TORRES CRESPO	282 ABM	23 VBM	4:59:06	Nautico Langosteira	4:59:06	0:46:06	1:16:05	2:39:54	3:07:07	3:36:48	4:12:43	4:23:34
300	357	Pablo HERRERO MARTIN	284 ABM	100 VAM	5:00:20	Ccabloke	5:00:20	0:45:01	1:15:06	2:39:11	3:06:19	3:37:54	4:14:12	4:25:33
301	212	Fernando BATTANER MORENO	283 ABM	99 VAM	5:00:20	Independiente	5:00:20	0:46:34	1:16:05	2:42:54	3:08:53	3:41:14	4:14:23	4:25:35
302	463	Sergio FERNANDEZCIEZA MARCOS	285 ABM		5:00:27	Mtb Runners Leon	5:00:27	0:49:47	1:20:15	2:43:36	3:11:02	3:43:02	4:16:31	4:27:40
303	334	Ruben PERTEJO GUTIERREZ	286 ABM	101 VAM	5:00:34	Mtb Runners Leon	5:00:34	0:49:43	1:20:18	2:43:39	3:11:07	3:43:03	4:16:37	4:27:43
304	442	Ruben ALVAREZ MARRON	287 ABM		5:00:49	Cdm Alto Sil	5:00:49	0:45:30	1:15:36	2:40:27	3:08:35	3:40:20	4:14:25	4:25:37
305	70	Daniel SOLARES MARTINEZ	288 ABM	102 VAM	5:02:20	Cafes Toscaf Gmea	5:02:20	2:06:09	3:09:41	3:37:58	3:56:47			4:23:41
306	324	F. Javier DIAZ IBORRAS	289 ABM	103 VAM	5:02:40	Club Avientu	5:02:40	0:49:58	1:23:16	2:46:14	3:13:38	3:45:18	4:16:28	4:27:16

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307	92	Christian ALVAREZ SOTO	290	ABM	5:02:54	Club Avientu	5:02:54	0:50:00	1:23:22	2:46:47	3:13:41	3:45:15	4:18:00	4:29:40
308	183	Martin Emilio SARRIA HERAS	291	ABM	5:03:54	Independiente	5:03:54	0:45:36	1:14:17	2:36:06	3:04:47	3:45:52	4:18:15	4:29:34
309	299	Esther BELLO ESCLARIN	18	ABF 7 VAF	5:05:20	Cd Relieve	5:05:20							
310	241	Ruben Nembra"" SOLIS CARBAJAL	292	ABM 104 VAM	5:06:33	Gm Reinoastur	5:06:33	0:45:46	1:16:20	2:38:45	3:05:03	3:37:43	4:14:21	4:26:33
311	45	Francisco Javier NIGORRA CARO	293	ABM	5:07:19	Club Montependarubia Running Lu	5:07:19	0:45:03	1:15:59	2:39:35	3:08:48	3:41:49	4:15:58	4:29:05
312	142	Jose Ramon FERNANDEZ LOPEZ	294	ABM 105 VAM	5:07:21	Club Montependarubia	5:07:21	0:45:10	1:16:07	2:40:30	3:09:06	3:42:59	4:17:06	4:29:02
313	130	Jesus VAZQUEZ MOREIRA	295	ABM	5:07:26	Independiente	5:07:26	0:48:48	1:18:28	2:47:58	3:15:54	3:51:42	4:27:36	4:38:02
314	203	Veronica PEREZ MORENO	19	ABF	5:07:35	Mediatics Running	5:07:35	0:48:39	1:23:01	2:46:09	3:13:33	3:45:48	4:20:58	4:32:24
315	74	Felipe LOPEZ PEREZ	296	ABM 106 VAM	5:08:01	Club Atletismo Sada Montaña	5:08:01	0:46:14	1:15:38	2:38:41	3:06:09	3:42:43	4:18:50	4:31:03
316	280	Guillermo COELLO RODRIGUEZ	297	ABM 24 VBM	5:08:11	North	5:08:11	0:46:05	1:16:29	2:40:35	3:08:12	3:41:13	4:20:17	4:32:14
317	25	Luis Angel VILLAR ESMORIS	298	ABM 107 VAM	5:09:09	Jarnachas	5:09:09	0:43:53	1:13:19	2:37:35	3:09:22	3:42:42	4:18:12	4:30:33
318	145	Sergio POUSADA CASAL	299	ABM	5:09:13	Ad Jarnachas	5:09:13	0:43:44	1:13:15	2:37:26	3:08:51	3:42:38	4:17:26	4:30:22
319	333	Pedro BLANCO ALVAREZ	300	ABM	5:09:14	Cdm Alto Sil	5:09:14	0:44:48	1:14:35	2:40:45	3:10:38	3:43:22	4:19:08	4:33:37
320	86	Jesus RODRIGUEZ MUÑIZ	301	ABM	5:11:04	Club Social Alcoa	5:11:04	0:43:03	1:10:03	2:34:39	3:08:32	3:45:05	4:22:13	4:34:27
321	14	Carlos ALFONSO ALVAREZ	302	ABM 25 VBM	5:11:13	Ultrasportteam	5:11:13	0:53:08	1:25:41	2:51:14	3:18:47	3:47:52	4:26:44	4:38:53
322	407	Tomas COBO DIAZCANO	303	ABM 108 VAM	5:11:41	Buscame En La Cima	5:11:41	0:44:06	1:13:11	2:36:04	3:06:24	3:39:47	4:18:46	4:31:37
323	122	Jose Maria FEITO HERRANZ	304	ABM	5:12:09	Escuela Publica	5:12:09	0:49:05	1:28:16	2:51:13	3:20:34	3:53:30	4:27:26	4:38:18
324	60	Guillermo FERNANDEZ DIAZ	305	ABM 109 VAM	5:12:29	Gtr Galaico Trail Runners	5:12:29	0:46:06	1:19:07	2:43:46	3:14:20	3:45:50	4:21:01	4:34:06
325	269	Andres MARTINEZ ARIAS	306	ABM 110 VAM	5:13:09	Individual	5:13:09	0:45:00	1:16:59	2:46:06	3:13:44	3:48:36	4:27:57	4:39:24
326	284	Isidoro MARTINEZ MARTIN	307	ABM 111 VAM	5:13:25	Cd Casa De Asturias En Leon	5:13:25	0:45:41	1:17:48	2:43:08	3:10:14	3:42:55	4:20:46	4:34:35
327	162	Marcos ALBA SARIEGO	308	ABM	5:14:03	Gm Reinoastur	5:14:03	0:49:42	1:21:56	2:47:21	3:14:49	3:47:47	4:25:12	4:37:35
328	371	Rogelio RIVERO	309	ABM	5:14:27	Leones A La Carrera	5:14:27	0:49:44	1:26:21	2:49:02	3:15:51	3:45:36	4:26:16	4:38:25
329	233	Fabio ARES FARPON	310	ABM 112 VAM	5:14:29	Cd Radikal Bierzo Team	5:14:29	0:49:55	1:22:03	2:45:27		3:47:55	4:25:50	4:38:30
330	10	Jose Luis BLAZQUEZ HERNANDEZ	311	ABM 113 VAM	5:14:35	Independiente	5:14:35	0:46:42	1:16:14	2:39:30	3:08:35	3:42:50	4:17:49	4:31:23
331	158	Jose GARCIA GARCIA	312	ABM	5:14:42	Independiente	5:14:42	0:48:01	1:17:47	2:47:51	3:12:26	3:43:33	4:23:16	4:35:30
332	127	Juan Jose PEREZ MANSILLA	313	ABM	5:16:08	Bierzorunners Mamba Gym	5:16:08	0:43:58	1:09:59	2:31:31	2:54:26	3:25:33	4:06:49	4:26:19
333	369	Adrian PEREZ ESTEBAN	314	ABM	5:17:26	Cd Atletismo	5:17:26	0:46:11	1:16:12	2:43:26	3:10:25	3:47:43	4:25:14	4:41:14
334	408	Jose Ramon RODRIGO HERRERO	315	ABM 114 VAM	5:17:26	Individual	5:17:26	0:46:09	1:16:10	2:43:24	3:10:22	3:47:51	4:26:32	4:41:21
335	320	Maria Jesus DEVESA FERREIRO	20	ABF 8 VAF	5:17:34	Club Montependarubia Running Lu	5:17:34	0:47:54	1:26:02	2:48:25	3:16:46	3:51:09	4:25:55	4:38:38
336	196	Silvia FERNANDEZ AGUADO	21	ABF	5:17:35	Club Montependarubia Running Lu	5:17:35	0:47:04	1:26:02	2:48:16	3:16:42	3:51:02	4:25:57	4:38:36
337	252	Jesus CAÑO GONZALEZ	316	ABM	5:18:02	Mtb Runners Leon	5:18:02	0:49:46	1:20:15	2:48:59	3:18:02	3:51:14	4:28:24	4:42:13
338	79	Enrique GAYOSO LLAMAS	317	ABM 115 VAM	5:18:06	Mtb Runners Leon	5:18:06	0:49:53	1:20:53	2:49:00	3:18:03	3:51:16	4:29:11	4:42:15
339	191	Ana LAFITA BAILO	22	ABF 9 VAF	5:18:27	Os Andarines	5:18:27	0:49:48	1:22:37	2:45:20	3:16:07	3:51:29	4:25:43	4:37:59
340	319	Jesus CERRO PIRIS	318	ABM	5:18:32	latm	5:18:32	0:45:40	1:17:13	2:43:30	3:11:10	3:48:33	4:25:46	4:40:00

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341	351	Victor PEREZ DE LA IGLESIA	319	ABM	5:18:40	Independiente	5:18:40	0:44:31	1:21:35	2:49:53	3:17:24	3:51:32	4:25:18	4:38:01
342	318	Alfonso RICO ENRIQUEZ	320	ABM	5:18:53	latm	5:18:53	0:45:16	1:18:01	2:43:34	3:11:16	3:49:04	4:26:06	4:40:02
343	100	Nacho ARES DIAZ	321	ABM 116 VAM	5:19:32	Ibiza Runners	5:19:32	0:49:58	1:23:36	2:50:00		3:53:46	4:28:32	4:41:24
344	445	David ALVAREZ PASTOR	322	ABM	5:20:34	Orkatzak	5:20:34	0:50:40	1:25:42	2:52:47	3:23:05	3:58:00	4:33:35	4:45:27
345	301	Fernando ALVAREZ ESCANCIANO	323	ABM 117 VAM	5:20:35	Individual	5:20:35	0:50:46	1:25:27	2:52:46	3:23:07	3:58:02	4:33:44	4:45:22
346	315	Enrique MATA RUIZ	324	ABM 118 VAM	5:20:42	Carbula Sport	5:20:42	0:55:32	1:31:26	3:00:18	3:28:29	4:02:33	4:38:18	4:49:03
347	446	Luis Angel ALVAREZ PASTOR	325	ABM	5:20:44	Orkatzak	5:20:44	0:50:02	1:25:02	2:49:07	3:19:48	3:58:39	4:33:54	4:45:25
348	52	Victor PARRILLA MARTIN	326	ABM	5:20:56	Union Deportiva Vegetariana	5:20:56	0:48:58	1:23:03	2:50:39	3:18:50	3:55:05	4:32:33	4:44:53
349	504	Alfonso BELLIDO GONZALEZ	327	ABM 119 VAM	5:21:44	Cdetm Pedrezuela	5:21:44	0:48:59	1:19:03	2:47:37	3:16:40	3:51:36	4:28:16	4:40:47
350	420	Dora RIBEIRO GOMEZ	23	ABF 10 VAF	5:21:51	Independiente	5:21:51	0:51:08	1:24:28	2:51:10	3:20:35	3:53:58	4:30:13	4:42:20
351	65	Jose Antonio GALLARDO CANITROT	328	ABM 120 VAM	5:21:53	Korpore Arenteiro Tral	5:21:53	0:51:08	1:24:26	2:50:59	3:21:09	3:54:01	4:30:10	4:42:22
352	342	Helena CARBAJOSA COBALEDA	24	ABF	5:22:19	Independiente	5:22:19	0:51:38	1:24:08	2:54:28	3:22:09	3:55:27	4:34:51	4:46:34
353	326	Alicia VAZQUEZ ALVAREZ	25	ABF	5:22:22	Individual	5:22:22	0:49:02	1:18:32	2:48:04	3:16:23	3:52:34	4:30:43	4:44:23
354	119	Julian LEON ALVAREZ	329	ABM	5:22:27	Hasta La Cima No Pares	5:22:27	0:49:19	1:21:06	2:51:54	3:23:20	3:57:01	4:33:32	4:45:54
355	256	Roberto GARCIA FERNANDEZ	330	ABM 121 VAM	5:22:58	Gm Reinoastur	5:22:58	0:47:56	1:19:26	2:44:35	3:14:55	3:53:17	4:31:54	4:45:15
356	143	Antonio CARBAJO HERNANDEZ	331	ABM	5:23:08	Individual	5:23:08	0:42:53	1:12:56	2:42:59	3:11:28	3:47:29	4:28:21	4:41:53
357	259	Christian BRION MONTEJO	332	ABM 122 VAM	5:24:10	Independiente	5:24:10	0:51:46	1:24:33	2:51:38	3:20:38	3:54:41	4:33:23	4:45:41
358	344	Jose ACEBO LOPEZ	333	ABM	5:24:57	Intelligent Interval Ponferrad	5:24:57	0:44:26	1:12:11	2:42:41	3:19:00	3:57:54	4:36:35	4:47:58
359	99	Manuel GONZALEZ NOVOA	334	ABM 123 VAM	5:25:19	Boimorto Trail	5:25:19	0:51:18	1:27:41	2:50:49	3:21:04	3:53:23	4:28:25	4:41:25
360	459	Ramos MARIO	335	ABM 26 VBM	5:25:52	Top Trail	5:25:52	0:49:19	1:25:36	3:00:17	3:28:25	4:01:43	4:35:05	4:46:15
361	244	Gabriel RODRIGUEZ GARCIA	336	ABM	5:28:25	Equipo Valdeon	5:28:25	0:48:32	1:26:57	2:53:59	3:23:27	3:57:58	4:34:24	4:47:03
362	332	Jesus Miguel UTRILLA BARROSO	337	ABM 124 VAM	5:29:19	Individual	5:29:19	0:46:59	1:18:06	2:48:42	3:19:41	3:54:26	4:33:30	4:48:31
363	131	Jose Maria FIGUEIRIDO FERNANDEZ	338	ABM 125 VAM	5:29:28	Coutadas Trail Team	5:29:28	0:53:12	1:26:26	3:00:06	3:32:51	4:06:28	4:39:52	4:52:33
364	484	Alberto PEREIRO GONZALEZ	339	ABM	5:29:34	Coutadas Trail Team	5:29:34	0:53:32	1:26:31	3:00:03	3:32:53	4:06:30	4:39:59	4:52:37
365	393	Fernando CASTRILLO CARPINTERO	340	ABM 126 VAM	5:30:46	Ultrarun	5:30:46	0:52:00	1:26:12	2:56:43	3:26:35	4:02:25	4:39:47	4:52:41
366	251	Mª Del Carmen SUAREZ CORUJO	26	ABF 2 VBF	5:31:20	Avientu Solorunners	5:31:20	0:55:52	1:30:47	3:01:24	3:29:01	4:02:39	4:41:19	4:53:03
367	51	Adolfo RIVERO	341	ABM	5:34:19	Leones A La Carrera	5:34:19	0:51:05	1:28:49	2:56:56	3:33:23	4:06:00	4:42:03	4:56:04
368	352	David IGLESIAS PEREZ	342	ABM	5:34:38	Independiente	5:34:38	0:53:06	1:31:10	3:02:57	3:33:35	4:08:36	4:44:14	4:56:17
369	354	Rogelio BLANCO GOMEZ	343	ABM	5:34:44	Independiente	5:34:44	0:53:11	1:31:11	3:02:38	3:33:38	4:08:30	4:44:10	4:56:21
370	450	Carlos CASTAÑEIRAS FOLGUERAL	344	ABM 27 VBM	5:35:00	Individual	5:35:00	0:53:48	1:32:13	3:08:50	3:35:53	4:09:44	4:46:07	4:57:24
371	201	Tomas BAÑOS GRANADO	345	ABM 127 VAM	5:35:03	Pedradas Team	5:35:03	0:53:14	1:29:09	3:01:23	3:31:19	4:07:42	4:44:55	4:56:46
372	182	Hugo GIRON CLEMENTE	346	ABM	5:37:18	Independiente	5:37:18	0:51:41	1:28:02	2:58:18	3:28:27	4:03:37	4:42:42	4:56:10
373	155	Roberto RODRIGUEZ ALDAO	347	ABM 128 VAM	5:37:39	Asociacion Deportiva Jarnachas	5:37:39	0:48:30	1:19:24	2:57:27	3:26:37	4:06:33	4:45:08	4:57:16
374	24	Antonio GUERREIRO PANTALEON	348	ABM 129 VAM	5:38:23	Atletismo Riazor Coruña	5:38:23	0:53:56	1:28:54	3:00:14	3:29:47	4:02:31	4:44:49	4:57:20

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375	286	Manuel OTERO GOMEZ	349 ABM	130 VAM	5:38:28	Nosporlimit	5:38:28	0:52:39	1:28:42	2:59:17	3:28:43	4:00:17	4:37:09	4:57:18
376	206	Alfredo LUCAS PABLO	350 ABM	28 VBM	5:38:46	Benicassim Runners	5:38:46	0:53:17	1:31:31	3:00:31	3:30:22	4:05:18	4:45:30	4:57:14
377	117	Ismael REDONDO VELASCO	351 ABM		5:39:47	Independiente	5:39:47	0:47:49	1:18:57	2:53:54	3:27:46	4:03:35	4:45:02	4:59:00
378	364	Raul DIEZ NESPRAL	352 ABM		5:39:52	Independiente	5:39:52	0:48:33	1:28:06	2:58:16	3:27:46	4:03:50	4:42:55	4:58:23
379	254	Jose Antonio POZO GONZALEZ	353 ABM		5:40:40	Cumbres De Leon	5:40:40	0:47:40	1:19:39	2:51:34	3:23:03	4:03:46	4:43:13	4:57:49
380	328	Fernando Antonio RUGERO GOMAR	354 ABM	29 VBM	5:40:55	Cd Rutas Del Bierzo	5:40:55	0:53:19	1:28:59	3:01:34	3:34:13	4:09:54	4:46:10	4:58:55
381	439	Enrique VELASCO DELGADO	355 ABM		5:42:28	Individual	5:42:28	0:43:36	1:13:00	2:39:36	3:12:37	3:51:55	4:33:43	4:48:29
382	58	Ruben ALVAREZ GONZALEZ	356 ABM	131 VAM	5:42:57	Club Maraton Benavides	5:42:57	0:54:59	1:28:33	2:58:53	3:38:10	4:14:45	4:52:24	5:04:38
383	323	Francisco Manuel GONZALEZ FERNANDEZ	357 ABM		5:43:07	Telero Trail	5:43:07	0:55:11	1:30:17	3:00:50	3:37:29	4:16:01	4:53:49	5:05:44
384	159	Joaquin CAÑIZARES FERRANDO	358 ABM	132 VAM	5:49:34	Cumbres De Leon	5:49:34	0:51:43		3:00:26	3:38:25	4:16:38	4:58:53	5:11:43
385	359	Alberto PRIETO RIESCO	359 ABM	133 VAM	5:50:00	Club Deportivo De Montaña Babi	5:50:00	0:52:05	1:28:56	3:01:47	3:34:05	4:10:23	4:47:56	5:01:52
386	400	Manuel MARINA CONTRERAS	360 ABM		5:51:03	Enphorma Triatlon San Agustin	5:51:03	0:46:40	1:21:13	2:48:33	3:24:50	4:04:36	4:44:06	5:00:56
387	124	Susana FERNANDEZ RODRIGUEZ	27 ABF	11 VAF	5:51:22	Asturpie Trail Team	5:51:22	0:56:14	1:33:13	3:04:06	3:36:52	4:16:51	4:55:13	5:09:30
388	249	Miguel VERGARA FREIRE	361 ABM	134 VAM	5:51:22	Club Atletismo Sada Montaña	5:51:22	0:51:03	1:29:08	3:01:57	3:34:34	4:13:56	4:57:51	5:13:32
389	250	Iago LOPEZ POSSE	362 ABM		5:51:26	Club Atletismo Sada Montaña	5:51:26	0:51:01	1:26:48	2:58:13	3:31:00	4:09:42	4:53:10	5:08:55
390	472	David RAPOSO CALERO	363 ABM	135 VAM	5:51:28	Senderismo Joven Madrid	5:51:28	0:53:10	1:31:04	3:01:53	3:35:42	4:16:47	4:55:22	5:09:27
391	386	Diego GASCUEÑA LOPEZ	364 ABM		5:54:38	Aviva	5:54:38	0:53:59	1:33:38	3:12:21	3:44:36	4:21:12	5:00:40	5:14:43
392	194	Diego RUIZ CALLE	365 ABM		5:54:46	Cumbres De Leon	5:54:46	0:53:03	1:29:28	3:05:30	3:39:21	4:17:30	5:00:04	5:12:53
393	281	Eduardo DIAZ FERNANDEZ	366 ABM		5:54:55	Club Triatlon Guadalajara	5:54:55	0:53:49	1:30:27	3:02:15	3:33:29	4:16:25	4:52:38	5:07:56
394	123	Marian LOPEZ MAZUELA	28 ABF		5:55:35	Individual	5:55:35	0:53:58	1:33:41	3:12:25	3:44:40	4:21:15	5:01:07	5:14:42
395	59	Iago RIVAS DE LA IGLESIA	367 ABM		5:56:05	Coutadas Trail Team	5:56:05	0:54:09	1:33:05	3:10:42	3:42:06	4:22:16	5:03:21	5:16:01
396	327	Ubaldo VILA ANCA	368 ABM	136 VAM	5:56:42	Independiente	5:56:42	0:49:25	1:29:42	3:09:21	3:38:57	4:16:54	4:57:11	5:12:58
397	13	Simon ALLEN	369 ABM	137 VAM	5:57:48	Rutas Del Bierzo	5:57:48	0:48:44	1:40:15	3:15:25	3:45:22	4:23:13	5:07:29	5:21:27
398	210	Jorge PUERTO GONZALEZ	370 ABM	138 VAM	5:57:58	Independiente	5:57:58	0:46:00	1:18:06	2:52:43	3:26:32	4:09:51	4:52:34	5:07:26
399	161	Marcos GARCIA CALLEJA	371 ABM		6:00:05	E M Reinoastur	6:00:05	0:54:07	1:33:12	3:15:34	3:48:00	4:28:42	5:08:03	5:24:29
400	268	Vicky VEGA MORERA	29 ABF	3 VBF	6:00:11	Independiente	6:00:11	0:54:55	1:33:10	3:12:19	3:45:34	4:21:29	5:04:14	5:18:53
401	234	Pedro GARCIA MERAYO	372 ABM	139 VAM	6:02:44	Individual	6:02:44	0:50:01	1:25:33	2:54:25	3:32:09	4:12:35	4:52:27	5:12:02
402	475	Manuel Jose MEIJOME SAA	373 ABM		6:05:28	Gtr Galaico Trail	6:05:28	0:57:35	1:37:24	3:14:33	3:49:51	4:29:03	5:11:32	5:26:16
403	200	Juan Jose PRIETO BARRIENTOS	374 ABM	140 VAM	6:06:18	Mediatics Running	6:06:18	0:53:44	1:31:03	3:16:51	3:46:38	4:27:48	5:14:26	5:27:43
404	198	Javier REGUERA CAÑO	375 ABM		6:06:23	Mediatics Running	6:06:23	0:55:23	1:35:07	3:16:55	3:46:33	4:27:45	5:13:15	5:27:34
405	272	Juan Jose FERNANDEZ PAZ	376 ABM	141 VAM	6:06:56	Club Atletismo Sada Montaña	6:06:56	0:54:38	1:32:55	3:13:02	3:46:16	4:29:20	5:13:39	5:27:48
406	118	Jose CAÑETE DIAZ	377 ABM	142 VAM	6:08:31	Carbula Sport	6:08:31	0:56:11	1:34:51	3:17:13	3:50:00	4:31:44	5:18:56	5:31:53
407	165	Antonio PRADO GARCIA	378 ABM	143 VAM	6:09:20	Independiente	6:09:20	0:52:56	1:30:06	3:09:19	3:41:50	4:21:53	5:08:13	5:24:35

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CLASIFICADOS (419)

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº sCat	TIEMPO CLUB	PENAL	META	EL MURO	PARAMO DEL SIL	LA CAMPONA	PRIMOUT	LA BRAÑA	PICO NEGRO	LA COLLADA
408	432	Santiago CASADO MONTERO	379 ABM	144 VAM	6:10:14 Individual		6:10:14							
409	305	Miguel Jose NASSER PUGA	380 ABM		6:12:11 Gm Cumbre Llangreu		6:12:11	0:53:04	1:32:59	3:15:54	3:48:31	4:31:03	5:19:08	5:32:01
410	316	Carlos GARCIA ANTOLIN	381 ABM	145 VAM	6:12:48 Individual		6:12:48	0:53:02	1:29:23	3:09:23	3:42:09	4:26:27	5:12:40	5:27:39
411	237	Angel Manuel CAAMAÑO GONZALEZ	382 ABM		6:17:15 Tumba Toxos Trail Team		6:17:15	0:55:38	1:31:50	3:15:42	3:46:21	4:37:14	5:18:25	5:38:15
412	274	Marcelino FERNANDEZ PEREZ	383 ABM	146 VAM	6:21:44 Xatos Del Nalon		6:21:44	0:48:41	1:30:56	3:14:53	3:51:37	4:29:27	5:10:08	5:30:15
413	55	Higinio Lodario LERA FERNANDEZ	384 ABM	147 VAM	6:21:45 Fornelos		6:21:45	0:53:30	1:30:57	3:14:50	3:51:39	4:29:31	5:13:22	5:30:13
414	419	Miguel Angel VELASCO CORRAL	385 ABM	148 VAM	6:21:54 Individual		6:21:54	0:49:52	1:25:44	3:10:38	3:46:32	4:35:11	5:20:28	5:36:14
415	362	Jorge Blanco Mar BLANCO MARTIÑO	386 ABM		6:28:18 Tumba Toxos Trail Team		6:28:18	0:54:31	1:33:25	3:15:39	3:49:17	4:37:22	5:23:02	5:39:55
416	481	Francisco Javier RODRIGUEZ AREOSA	387 ABM		6:28:24 Independiente		6:28:24	0:56:44	1:33:32	3:15:37	3:49:26	4:37:25	5:23:28	5:40:17
417	11	Elias ALFONSO ALVAREZ	388 ABM	149 VAM	6:28:32 Ultrasportteam		6:28:32	0:56:29	1:36:19	3:15:32	3:47:40	4:29:25	5:15:54	5:32:11
418	444	Pedro MARRON MARTINEZ	389 ABM	30 VBM	6:28:52 Individual		6:28:52	0:55:30	1:34:50	3:17:14	3:49:51	4:31:39	5:23:19	5:40:04
419	267	Minerva VOCES OLEGO	30 ABF	12 VAF	6:32:16 Intelligent Interval Ponferrad		6:32:16	1:02:32	1:44:00	3:35:32	4:07:56	4:45:36	5:35:33	5:49:03

RETIRADOS (31)

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº sCat	TIEMPO CLUB	PENAL	META	EL MURO	PARAMO DEL SIL	LA CAMPONA	PRIMOUT	LA BRAÑA	PICO NEGRO	LA COLLADA
21		Daniel PASCUAL SANCHEZ	ABM		Club De Montaña Y Escalada Oja			0:50:33	1:30:26	3:00:11	3:34:01	4:17:23		
480		Juan Manuel CAMPOY DELGADO	ABM		Cdetm Pedrezuela			0:51:50	1:27:18	3:00:01	3:38:14	4:25:32		
261		Moises RODRIGUEZ HUERGA	ABM	VAM	Independiente			0:56:11	1:34:52	3:14:17	3:51:42	4:45:04		
375		Ruben ALVAREZ ALVAREZ	ABM		Muevet Gmmoscon			0:28:13	0:47:27	1:47:55	2:08:14			
449		Luciano GARRIDO BUJAN	ABM	VAM	Cdm Alto Sil			0:32:28	0:55:29	2:06:39	2:28:07			
278		Yago ABELEDO IGLESIAS	ABM		Club De Montaña Xesteiras			0:35:09	0:58:09	2:05:37	2:31:52			
498		Diego DEL AMO ESTEBAN	ABM		Toptrailla Pedrizza Del Manzana			0:35:35	1:01:24	2:16:04	2:43:58			
81		Diego COSTAS MARIÑO	ABM		Coutadas Trail Team			0:55:11	1:39:15	3:30:23	4:03:02			
404		Walter BECERRA PAEZ	ABM		Sestao Alpino Grafsestao			0:24:53	0:44:00	1:48:03				
44		Javier FERNANDEZ PASCUAL	ABM		Cdcumbres De Leon			0:32:17	0:54:17	2:02:21				
506		Noel BURGOS GOMEZ	ABM		Independiente			0:28:18	0:49:18	2:02:45				
511		Silvia ROBLES FERNANDEZ	ABF		Run Avila			0:45:14	1:17:08	2:46:04				
448		Jaime PADIAL PEREZ	ABM		Cerro Del Caballo			0:41:59	1:10:33	2:47:47				
204		Laura BLANCO PEREZ	ABF		Mediatics Running			1:00:10	1:43:04	3:35:12				
330		Jesus NUNEZ GONZALEZ	ABM		Bierzo Todo Deporte			1:00:14	1:43:04	3:35:17				
29		Juan Jose GARCIA FERNANDEZ	ABM		Independiente			0:59:06	1:43:44	3:38:44				
28		Javier CESPEDES MARTIN	ABM		Individual			1:03:04	1:43:45	3:38:50				
457		Oriol BARRERA FERNANDEZ	ABM	VAM	Salamanca Raids Trails Runners			0:29:26	0:54:02					
413		Alex SANMARTIN GONZALEZ	ABM		Cdm Xesteiras			0:34:15	0:59:18					
356		Ivan LUGRIS BETETA	ABM	VAM	Individual			0:40:21	1:06:32					
298		Jorge PUCHE ANTOLIN	ABM	VAM	Cerrato Trail Running			0:46:50	1:14:04					
264		Javier ENRIQUEZ BLANCO	ABM		Radikal Bierzo Team			0:44:55	1:14:53					

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RETIRADOS (31)

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº sCat	TIEMPO CLUB	<u>PENAL.</u>	<u>META</u>	EL MURO	PARAMO DEL SIL	LA CAMPONA	PRIMOUT	LA BRAÑA	PICO NEGRO	LA COLLADA
49		Roberto PARRILLA GARCIA	ABM	VAM	Peña De Montañeros Gistredo			0:45:29	1:19:01					
50		Javier HERRERA ANTONAYA	ABM		Trailxtrem Team			0:49:39	1:27:18					
430		Manuel MENDEZ ALVAREZ	ABM	VBM	Individual			1:04:32	1:48:01					
78		Angel RIESCO ARBESU	ABM		Cafes Toscaf Gmea			0:48:07						
156		Javier TERRON	ABM		Sapiens Human Runner			0:32:13						
211		Sebastian FERNANDEZ ARIAS	ABM		Asturias Himalaya			0:50:37						
218		Jose Ignacio SOUSA PASCUAL	ABM	VAM	Independiente			0:49:34						
438		Luis Ruben FERNANDEZ GONZALEZ	ABM	VAM	Cdm Alto Sil			0:40:48						
447		Alberto SANCHEZ RIOS	ABM	VAM	Piratas Rrc			1:04:36						

NO PRESENTADOS (64)

Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº sCat	TIEMPO CLUB	<u>PENAL.</u>	<u>META</u>	EL MURO	PARAMO DEL SIL	LA CAMPONA	PRIMOUT	LA BRAÑA	PICO NEGRO	LA COLLADA
15		Eliseo GONZALEZ CERNUDA	ABM	VBM	Smcc La Fresneda									
31		Daniel GOMEZ IZQUIERDO	ABM		Trail Run Sport Toro									
34		Jose Angel CASTRO FALAGAN	ABM		Independiente									
35		Francisco Javier MARTINEZ CANCELO	ABM	VBM	Cumbres De Leon									
36		Pablo CANTO MARTINEZ	ABM		Corredor De Montaña									
53		Ruben CHICHARRO RUIZ	ABM		Corricollano									
72		Jose Antonio DIAZ ALVAREZ	ABM	VAM	Team Botillos Del Bierzo									
73		Francisco Javier GARCIA OVIEDO	ABM		Independiente									
76		Silvia HERNANDEZ VEGA	ABF		Club De Montaña Cumbres De Leo									
88		Samuel SANCHEZ DIAZ	ABM		Salamanca Raids Trails Runners									
89		Amador PERENA CABRERA	ABM		Individual									
105		Jorge GARCIAASENJO ALVAREZ	ABM	VAM	Cafes Toscaf Gmea									
110		Alvaro LAMADRID DE DIOS	ABM		Amoc Pension Villa									
115		Pablo TEJERINA ARIAS	ABM		Loterias Javier Ciñera									
141		Ruben DIAZ FRANCO	ABM		Ad San Roque Viveiro									
146		Oscar MARQUES MARBAN	ABM		Raidlight Team									
148		Oscar LUGRIS BETETA	ABM	VAM	Bestarruza Trinity Trail									
169		Juan Francisco MORENO MOLINA	ABM		Independiente									
171		David LOPEZ ALVAREZ	ABM	VAM	Gm Xuan De La Borrina									
173		Eli LOPEZ RODRIGUEZ	ABF		Trailxtrem Team									
177		David ALVAREZ ARES	ABM		Club Montañeros Gistredo									
192		David GARCIAMIGUEL BERRIO	ABM		Correr O Morir									
208		Maria MOHEDANO TORRES	ABF		Corricollano									
220		Ruben Reinaldo ALONSO MAESTRE	ABM	VAM	Teleno Trail Team									
231		Arcadio SANCHEZ FUENTES	ABM	VBM	Club Atletismo Benavente									
236		Pablo Cesar PEREZ MARTIN	ABM	VAM	Independiente									

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Pto	Dor	NOMBRE y APELLIDOS	pº ABS	pº sCat	TIEMPO CLUB	<u>PENAL</u>	<u>META</u>	EL MURO	PARAMO DEL SIL	LA CAMPONA	PRIMOUT	LA BRAÑA	PICO NEGRO	LA COLLADA
242		Emilio MONTILLA FERNANDEZ	ABM	VAM	Gtr Galaico Trail Run									
255		Rogelio MARTINEZ FERNANDEZ	ABM	VBM	Toreno									
285		Santiago PALACIO FERNANDEZ	ABM	VAM	Individual									
287		Saul JIMENEZ DEL CAMPO	ABM		Hasta La Cima No Pares									
289		Jaime COLLADO NOVOA	ABM		Trail Extrem									
294		Jose Luis ORTIZ ALONSO	ABM	VBM	Individual									
295		Abel MATOS COTELO	ABM		Larachapes									
297		Manuel ROLAN DIAZ	ABM	VAM	Union Deportiva Vegetariana									
313		Jose Antonio LEITE GARCIA	ABM		Corremon Trail									
331		Jose Manuel MENENDEZ SUAREZ	ABM	VBM	Gm Cumbre Llangreu									
340		Mariam MONTON ISERTE	ABF		Gr									
346		Jonathan SANCHEZ GARCIA	ABM		Picos Xtreme Sport									
358		Eduardo BEAMONTE CORDOBA	ABM	VBM	Cafeterias William									
385		Alba Maria REGUILLO MORENO	ABF		Ca Cuenca Dolomia									
389		Jose A ABAL NARTALLO	ABM	VAM	Cdm Xesteiras									
392		Manuel J. GOMEZ FRAILE	ABM		Ca Rincon Oeste									
394		Laureano CARRERA ARIAS	ABM	VAM	Radikal Bierzo Team									
406		Ruswell RODRIGUEZ ALONSO	ABM		Urban Running									
409		Angel MARTINEZ MIMOSO	ABM	VAM	Cdm Alto Sil									
415		Miriam GUTIERREZ RODRIGUEZ	ABF		Individual									
417		Juan Jose SOMOHOANO PERAMATO	ABM		Gm Cabrales									
421		Francisco RUBIAL OTERO	ABM		Individual									
422		Paula CABRERIZO CUEVAS	ABF		Todovertical V Salomon									
429		Omar DIEZ PEREZ	ABM		Cdm Alto Sil									
437		Pedro ACEVEDO ALONSO	ABM		Individual									
440		Severiano ALVAREZ MARRON	ABM		Cdm Alto Sil									
441		Luciano MARRON	ABM	VBM	Cdm Alto Sil									
452		Martin PEREZ PEREZ	ABM		Cdm Alto Sil									
458		Ivan BERNARDO PEREZ	ABM		Seleccion De Castilla Y Leon									
469		Andrea GIL FERNANDEZ	ABF		Sestao Alpino Grafsestao									
497		Cristina RUIZ LORCA	ABF		Gm Reinoastur									
505		Juan Jose LOPEZ ESCUDERO	ABM		Cd Fusion									
507		Marcos HORTELANO RUBIO	ABM		Todovertical V									
510		Ludario ALVAREZ RODRIGUEZ	ABM		Cdm Alto Sil									
512		Pablo JIMENEZ MARTIN	ABM	VAM	Run Avila									
513		Mohammed Reda EL ANDALOUSSI	ABM	VAM	Cumbres De Leon									
518		Antonio BUENO GAVELA	ABM		Individual									
519		Marcos LEONARDO ALONSO	ABM		Individual									