

CARRERA ALTO SIL v7.5.3 - SANTA CRUZ DEL SIL

14 Marzo 2015

Subida a Pico Negro

ABSOLUTA FEMENINA (31)

Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	LA BRAÑA	PICO NEGRO	TIEMPO
1	377	Oihana KORTAZAR ARANZETA	ABF	BURUMENDI	2:31:18	2:55:22	0:24:04
2	478	Susana ALVAREZ CRESPO	VAF	PILOÑA DEPORTE	3:01:01	3:27:29	0:26:28
3	344	Maria MARCOS ESCUDERO	ABF	INTELLIGENT INTERVAL	2:59:26	3:27:47	0:28:21
4	152	Eva FERNANDEZ PINTOR	VAF	CDEYANIRO	3:02:42	3:31:15	0:28:33
5	349	Marta LORENZO BARROSO	ABF	TODOVERTICAL V	3:00:37	3:29:42	0:29:05
6	188	Henar PEREZ GONZALEZ	ABF	INTELLIGENT INTERVAL	3:23:26	3:54:45	0:31:19
7	100	Carmen GARCIA CUEVAS	VPF	CLUB TIERRA TRAGAME	3:34:03	4:06:04	0:32:01
8	150	Esther HERNANDEZ PEREIRA	ABF	AVIVA SPORT CLUB	3:36:43	4:09:33	0:32:50
9	110	Cristina MIRANDA CASTAÑON	ABF	GM REINOASTUR	3:36:36	4:09:27	0:32:51
10	311	Laura DIONISIO GONZALEZ	ABF	INDIVIDUAL	3:39:20	4:12:30	0:33:10
11	109	Cristina RUIZ LORCA	ABF	GM REINOASTUR	3:46:27	4:19:39	0:33:12
12	53	Amalia RIONDA MUÑIZ	ABF	GM ENSIDESA GIJON	3:34:43	4:08:13	0:33:30
13	54	Ana MORAN PEREIRA	VAF	CD RADIKAL BIERZO	3:34:38	4:08:17	0:33:39
14	343	Maria PAYNO PALLARES	ABF	INDEPENDIENTE	3:40:12	4:13:56	0:33:44
15	476	Silvia ROBLES FERNANDEZ	ABF	SOLORUNNERS	3:34:03	4:07:53	0:33:50
16	151	Estrella ALONSO FIERRO	VPF	INDEPENDIENTE	3:49:53	4:24:35	0:34:42
17	108	Concepcion POMBO GARRIDO	ABF	VIA XVIII MACEDA	3:39:28	4:15:03	0:35:35
18	483	Veronica PEREZ MORENO	ABF	MEDIATICS RUNNING	3:43:32	4:19:36	0:36:04
19	375	Noelia PINTOR IGLESIAS	ABF	INDIVIDUAL	3:45:48	4:22:10	0:36:22
20	354	Melina MARTINEZ PARCERO	ABF	DUBRA TEAM	3:50:13	4:27:25	0:37:12
21	484	Veronica MARTINEZ PARCERO	ABF	DUBRA TEAM	3:50:11	4:27:27	0:37:16
22	428	Rocio NAREDO ROJO	ABF	CLUB AVIENTU	3:44:18	4:22:03	0:37:45
23	57	Ana Maria GONZALEZ GARCIA	ABF	CORRIENDO POR MORCIN	3:46:41	4:24:49	0:38:08
24	450	Rut GARCIA LAZARO	ABF	CLUB ATLETISMO LAS ROZAS	3:53:46	4:32:04	0:38:18
25	378	Olvido ESTRADA MONTES	VAF	CLUB AVIENTU	4:07:37	4:46:03	0:38:26
26	405	Quirina DIAZ SEOANE	ABF	AME BESTARRUZA TRINITY TRIL	4:02:16	4:43:31	0:41:15
27	355	Mercedes IGLESIAS BARATA	ABF	INDIVIDUAL	4:11:25	4:53:45	0:42:20
28	153	Eva M DOMINGUEZ ALVARO	ABF	CLINICA MENORCA	4:11:18	4:53:49	0:42:31
29	477	Sole YEBRA FUENTES	VAF	INDIVIDUAL	4:21:58	5:05:37	0:43:39
30	315	Lorena MONTES LORENZO	ABF	INDIVIDUAL	4:11:19	4:55:42	0:44:23
	312	Laura BLANCO PEREZ	ABF	INDEPENDIENTE		5:02:37	n.p.

ABSOLUTA MASCULINA (372)

Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	LA BRAÑA	PICO NEGRO	TIEMPO
1	44	Alfredo GIL GARCIA	ABM	LA SPORTIVA	2:09:04	2:28:25	0:19:21
2	492	Zaid AIT MALEK	ABM	BUFF PRO TEAM	2:10:59	2:31:20	0:20:21
3	1	Fernando ARCA CASAL	VAM	CDM XESTEIRAS	2:13:08	2:34:31	0:21:23
4	388	Oscar@ ALVAREZ CALERO	ABM	CDM ALTO SIL	2:24:53	2:46:46	0:21:53
5	146	Enrique MARTIN MONTORO	ABM	TIERRA TRAGAME	2:29:19	2:51:13	0:21:54
6	249	Jorge Luis ALVAREZ RODRIGUEZ	ABM	INDIVIDUAL	2:24:44	2:46:45	0:22:01
7	455	Santi OBAYA FERNANDEZ	VAM	TEAM RACE LAND	2:22:11	2:44:30	0:22:19
8	218	Javier DOMINGUEZ BOLAÑOS	ABM	INDIVIDUAL	2:32:00	2:54:24	0:22:24
9	453	Samuel OBAYA FERNANDEZ	ABM	TEAM RACE LAND	2:30:53	2:53:30	0:22:37
10	350	Martin LESTON AGULLEIRO	ABM	AD JARNACHAS	2:30:00	2:52:42	0:22:42
11	424	Roberto GONZALO PEREZ	ABM	GM ENSIDESA GIJON	3:04:33	3:27:31	0:22:58
12	236	Jesus Raul MARTINEZ VILLAVERDE	VAM	CMXESTEIRAS	2:25:37	2:48:38	0:23:01
13	313	Leopoldo BALBAS GUTIERREZ	ABM	LA BRAÑA	2:34:37	2:57:40	0:23:03
14	5	Tono ABAL NARTALLO	VAM	CDM XESTEIRAS	2:30:06	2:53:16	0:23:10
15	473	Sergio ALVAREZ HERRERO	ABM	CDM ALTO SIL	2:34:38	2:57:51	0:23:13
16	257	Jose CALLEJA ALVAREZ	VAM	LUDO AVENTURA	2:31:55	2:55:11	0:23:16
17	128	David RODRIGO HERRERO	ABM	TODO VERTICAL	2:34:33	2:58:00	0:23:27
18	2	Jordi FERNANDEZ BOLTA	ABM	VIZCARESLOS CASTRONES	2:27:20	2:50:48	0:23:28
19	387	Oscar LUGRIS BETETA	VAM	INDIVIDUAL	2:35:24	2:59:02	0:23:38
20	323	Luis Alfonso MARTINEZ MUELA	ABM	INDIVIDUAL	2:30:33	2:54:12	0:23:39
21	309	Julio Cesar MARTINO PEREZ	VAM	EQUIPO VALDEON	2:41:47	3:05:30	0:23:43
22	400	Pedro PINILLAS CARRO	ABM	PARAMO DEL SIL	2:43:30	3:07:19	0:23:49
23	58	Andres GOMEZ COBO	ABM	ADEMCO	2:40:51	3:04:50	0:23:59
24	94	Carlos CHAMORRO GARCIA	ABM	CLUB HOCKEY ALCALA	2:22:49	2:46:53	0:24:04
25	63	Manuel SANCHEZCAPITAN ARROYO	ABM	MAMMUT	2:13:56	2:38:02	0:24:06
26	6	Celso ALONSO NUÑEZ	VAM	TRIATLON BIERZO	2:42:56	3:07:02	0:24:06
27	337	Manuel Alejandro LAGO RIOS	VAM	ASOCIACION DEPORTIVA CAR	2:31:25	2:55:45	0:24:20

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Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	LA BRAÑA	PICO NEGRO	TIEMPO
28	3	Jose Alberto GONZALEZ CARPINTERO	VAM	LEON TRAIL	2:32:12	2:56:35	0:24:23
29	472	Sergio PENSADO TASENDE	ABM	CMXESTEIRAS	2:37:16	3:01:42	0:24:26
30	33	Alberto FERNANDEZ PESQUERA	VAM	GM ENSIDESA GJON	2:43:01	3:07:34	0:24:33
31	306	Julio ALVAREZ ESTEVEZ	ABM	INDEPENDIENTE	2:45:45	3:10:30	0:24:45
32	267	Jose Francisco GUTIERREZ PIÑERA	VAM	YANIRO	2:20:24	2:45:12	0:24:48
33	213	Javier DOMINGUEZ CALLE	VAM	INDIVIDUAL	2:37:00	3:01:51	0:24:51
34	35	Alejandro PIRIZ MATO	VAM	INDIVIDUAL	2:39:18	3:04:09	0:24:51
35	4	Pablo ALONSO ALVAREZ	ABM	CDM ALTO SIL	2:35:00	2:59:58	0:24:58
36	475	Severino SANTOVEÑA GARCIA	VAM	GM PICU DUBIL	2:43:37	3:08:35	0:24:58
37	105	Cesar AGUADO DORADO	VAM	TIERRA TRAGAME	2:45:44	3:10:45	0:25:01
38	138	Diego GASCUEÑA LOPEZ	ABM	INDEPENDIENTE	2:41:45	3:06:47	0:25:02
39	413	Raul ALVAREZ MARTINEZ	ABM	TRASPIES TRAIL	2:36:33	3:01:37	0:25:04
40	74	Antonio TOUCEDO ESTEVEZ	ABM	AD A FORMA BUDIÑOTRAIL	2:35:10	3:00:20	0:25:10
41	221	Javier MARTIN MENDEZ	ABM	INDIVIDUAL	2:52:18	3:17:32	0:25:14
42	411	Ramon RODRIGUEZ GONZALEZ	VAM	KORPOREARENTEIRO TRAIL	2:38:30	3:03:49	0:25:19
43	52	Amador PRIEDE FERNANDEZ	ABM	GDMONTAÑA PEÑA SANTA	2:31:53	2:57:14	0:25:21
44	439	Ruben DIAZ FRANCO	ABM	NOSPORTLIMIT	2:39:07	3:04:29	0:25:22
45	299	Juan Luis LLAMAS ALVAREZ	VBM	CLUB ATLETISMO LEON	2:51:30	3:16:53	0:25:23
46	443	Ruben SECO FERNANDEZ	ABM	AME BESTARRUZA	2:46:54	3:12:18	0:25:24
47	438	Ruben GUARIN PEREZ	ABM	AD JARNACHAS	2:57:30	3:22:55	0:25:25
48	226	Jesus ZAPICO RICAURTE	ABM	GM REINOASTUR	2:51:37	3:17:07	0:25:30
49	346	Mario FERNANDEZ ROBLEDO	ABM	TODOVERTICAL V	3:17:16	3:42:49	0:25:33
50	329	Manuel MARAN SANCHEZ	VAM	AD JARNACHAS	2:39:21	3:05:01	0:25:40
51	292	Juan BULNES SANCHEZ	VAM	GM PICU PIENZU	2:58:17	3:23:59	0:25:42
52	437	Ruben LARIA SAN MARTIN	ABM	GM PICU PIENZU	3:00:15	3:26:00	0:25:45
53	85	Avelino CAAMAÑO NIETO	ABM	PONTE TRAIL	3:18:46	3:44:33	0:25:47
54	381	Omar GRANDIO GARCIA	ABM	INDIVIDUAL	2:43:30	3:09:19	0:25:49
55	134	Diego COTERA GONZALO	ABM	COTERAES	2:54:37	3:20:44	0:26:07
56	384	Oscar FERNANDEZ TEJEIRO	ABM	CLUB FLUVIAL DE LUGO	2:58:41	3:24:50	0:26:09
57	469	Sergio ALONSO LOPEZ	ABM	FISIORAMA	2:37:19	3:03:30	0:26:11
58	120	David REDONDO PEREZ	ABM	CLUB ATLETISMO LEON	2:54:34	3:20:45	0:26:11
59	367	Miguel Angel SUAREZ GARCIA	VAM	CORRIENDO X MORCIN	3:08:26	3:34:38	0:26:12
60	139	Diego NAVAS SOLORZANO	ABM	INDIVIDUAL	2:43:36	3:09:50	0:26:14
61	220	Javier SAN MIGUEL BODELON	VAM	BIERZO TODO DEPORTE	2:41:49	3:08:12	0:26:23
62	360	Miguel VARELA ALVAREZ	ABM	GALAICO TRAIL RUNNERS	3:04:42	3:31:05	0:26:23
63	215	Javier FERNANDEZ PASCUAL	ABM	CDCUMBRES DE LEON	2:31:16	2:57:43	0:26:27
64	197	Iñigo BAQUEDANO ABAUNZA	ABM	INDIVIDUAL	2:38:51	3:05:25	0:26:34
65	353	Maximo SIRGO RODRIGUEZ	VAM	AVIENTU SOLORUNNER	2:47:58	3:14:34	0:26:36
66	402	Pedro Ignacio CUEVAS JUAN	ABM	LEON TRAIL INTELLIGENT	2:46:35	3:13:12	0:26:37
67	11	Jose Carlos RODRIGUEZ TERRON	VAM	INTELLIGENT INTERVAL	2:42:30	3:09:14	0:26:44
68	160	Fernando RODRIGUEZ SANTIN	ABM	INTELLIGENT INTERVAL PONFERRAD	2:42:32	3:09:16	0:26:44
69	117	Daniel SIMON GRACIA	ABM	ALALPARDO RUNNIG TEAM	3:00:41	3:27:25	0:26:44
70	225	Lorenzo VERA SAN ROMAN	VAM	INDIVIDUAL	2:58:46	3:25:33	0:26:47
71	295	Juan Carlos PARRA CARAMES	VAM	INDEPENDIENTE	2:54:41	3:21:29	0:26:48
72	415	Raul RODRIGUEZ SEOANE	ABM	CAFES TOSCAF GMEA	2:48:47	3:15:38	0:26:51
73	408	Rafael GARCIA PEREZ	VAM	BUSCAME EN LA CIMA	2:51:48	3:18:43	0:26:55
74	341	Marcos FERNANDEZ GONZALEZ	ABM	INDIVIDUAL	2:50:02	3:16:58	0:26:56
75	66	Angel GONZALEZ RIVERO	ABM	ATLETISMO LEON	2:43:52	3:10:52	0:27:00
76	457	Santiago PALACIO FERNANDEZ	VAM	TEAM SPORT SPIRIT	2:59:07	3:26:07	0:27:00
77	379	Omar ALVAREZ GUTIERREZ	ABM	CENADOR RUA NOVA RUNNING	2:58:24	3:25:26	0:27:02
78	440	Ruben GARCIA SEGURADO	ABM	INDEPENDIENTE	3:24:27	3:51:32	0:27:05
79	285	Jose Miguel ESTEBANEZ GAVELA	VAM	INDIVIDUAL	3:00:59	3:28:07	0:27:08
80	172	Francisco Gonzal GARCIA LEON	ABM	TEAM SPORT SPIRIT	2:47:59	3:15:08	0:27:09
81	190	Hugo DE LA VEGA LOPEZ	ABM	INDEPENDIENTE	2:48:40	3:15:52	0:27:12
82	294	Juan Carlos MARTUL HERNANDEZ	VAM	CLUB DE MONTAÑA XESTEIRAS	2:54:20	3:21:33	0:27:13
83	189	Henrique TELO FERNANDEZ	ABM	INDIVIDUAL	2:59:44	3:26:59	0:27:15
84	281	Jose Manuel GARCIA SANTOS	VAM	DUBRA TEAM	2:48:43	3:15:59	0:27:16
85	241	Jorge SOLE CORVILLO	VAM	CDM ALTO SIL	2:48:23	3:15:40	0:27:17
86	297	Juan Jose PEREZ MANSILLA	ABM	INTELLIGENTINTERVAL PONFERRADA	2:56:52	3:24:13	0:27:21
87	76	Antonio GONZALEZ FERNANDEZ	VBM	INDIVIDUAL	2:53:07	3:20:30	0:27:23
88	454	Sancho GARCIA FDEZ	VAM	GM PEÑA MEA	3:02:20	3:29:45	0:27:25

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ABSOLUTA MASCULINA (372)

Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	LA BRAÑA	PICO NEGRO	TIEMPO
89	93	Carlos DEL RIO UNZAGA	VBM	BANDOLEROS DEL GUADARRAMA	2:56:35	3:24:05	0:27:30
90	145	Emilio ENRRIQUEZ RODRIGUEZ	VAM	INDIVIDUAL	2:57:12	3:24:47	0:27:35
91	382	Omar DIEZ PEREZ	ABM	CDM ALTO SIL	2:57:01	3:24:37	0:27:36
92	266	Jose Enrique TORRES ARIAS	ABM	TIERRA TRAGAME	2:43:43	3:11:20	0:27:37
93	192	Hugo GARCIA GARCIA	ABM	INDIVIDUAL	3:24:29	3:52:07	0:27:38
94	316	Luciano Lucky GARRIDO BUJAN	VAM	CDM ALTO SIL	2:56:50	3:24:41	0:27:51
95	361	Miguel VARA GARCIA	ABM	INDIVIDUAL	2:56:30	3:24:25	0:27:55
96	366	Miguel Angel POZO LUENGO	ABM	INDIVIDUAL	2:54:48	3:22:45	0:27:57
97	125	David GARCIA SUAREZ	ABM	GENTE CORRIENTE	3:10:46	3:38:43	0:27:57
98	84	Avelino FLECHA TASCAN	VBM	CM VILLALFEIDE	2:52:03	3:20:10	0:28:07
99	166	Fernando CORDERO RODRIGUEZ	ABM	GMREINOASTUR	3:15:36	3:43:43	0:28:07
100	420	Ricardo CARTUJO VILLAR	VAM	LEON CORRE	3:04:50	3:33:03	0:28:13
101	23	Adrian RAMOS SANCHEZ	ABM	ESCUELA PUBLICA	3:05:46	3:34:00	0:28:14
102	87	Benigno ALVAREZ MERA	ABM	CDM ALTO SIL	2:56:27	3:24:44	0:28:17
103	302	Juan Ramon ESCUDERO MINGUEZ	VAM	TODOVERTICAL V	3:01:11	3:29:28	0:28:17
104	458	Santiago AGULLO CANDA	ABM	INDEPENDIENTE	3:11:32	3:39:51	0:28:19
105	452	Salvador PRADAL GARCIA	VBM	INDIVIDUAL	3:01:09	3:29:30	0:28:21
106	356	Miguel CAMACHO CASTRO	VAM	CAFES TOSCAF GMEA	3:04:40	3:33:01	0:28:21
107	61	Andres MARTIN MARTIN	ABM	AVIENTU SOLO RUNNERS	2:45:42	3:14:04	0:28:22
108	250	Jose GARCIA BELTRAN	ABM	INDEPENDIENTE	3:00:17	3:28:40	0:28:23
109	410	Ramon FIDALGO VILLARINO	ABM	INDEPENDIENTE	3:14:31	3:42:55	0:28:24
110	317	Ludario ALVAREZ	ABM	CDM ALTO SIL	3:10:09	3:38:34	0:28:25
111	336	Manuel GONZALEZ ARIAS	ABM	INDIVIDUAL	2:58:19	3:26:45	0:28:26
112	112	Daniel DIEZ FUENTES	ABM	TIERRA TRAGAME	3:00:44	3:29:11	0:28:27
113	237	Joaquin ALVAREZ MIRANDA	ABM	INDEPENDIENTE	2:57:04	3:25:32	0:28:28
114	158	Fernando ALVAREZ MARTINEZ	VAM	TRAPIES	3:04:22	3:32:51	0:28:29
115	245	Jorge QUIROS AMIEVA	ABM	TORTUGAS TRAIL LEON	3:06:43	3:35:14	0:28:31
116	491	Anibal SANCHEZ GONZALEZ	ABM	CORALIN BOXING	2:58:16	3:26:50	0:28:34
117	171	Francisco Adolfo DEL CANTO PEREZ	VAM	NUNCA CORRERAS SOLO	2:42:56	3:11:32	0:28:36
118	435	Ruben JAÑEZ FERNANDEZ	VBM	CHEVONEY	2:53:11	3:21:47	0:28:36
119	320	Luis DOMINGUEZ PEREZ	ABM	PICU DUBIL	2:45:29	3:14:13	0:28:44
120	474	Severiano Sinson ALVAREZ MARRON	ABM	CDM ALTO SIL	3:04:31	3:33:16	0:28:45
121	449	Rufino GONZALEZ ALVAREZ	VAM	XATOS DEL NALON	2:57:06	3:25:55	0:28:49
122	488	Victor Manuel FREIRE MARQUES	VAM	BESTARRUZA TRINITY TRAIL	3:07:01	3:35:50	0:28:49
123	357	Miguel PLAZA VALLINA	ABM	CLUB AVIENTU	2:54:31	3:23:26	0:28:55
124	179	Francisco Javier MARNOTES RODRIGUEZ	ABM	CLUB ALPINO MANZANEDA	2:57:27	3:26:28	0:29:01
125	277	Jose Manuel RODRIGUEZ SALAZAR	ABM	CLUB ATLEMISMO LEON	2:33:54	3:02:58	0:29:04
126	262	Jose Antonio DIAZ ALVAREZ	VAM	TVITEC RUNNING	3:13:23	3:42:29	0:29:06
127	133	David Mariano GONZALEZ GONZALEZ	ABM	AVIENTU	3:07:09	3:36:17	0:29:08
128	106	Cholo PAREDES PEREZ	VAM	TRAILXTREM RACE TEAM	3:02:09	3:31:23	0:29:14
129	210	Javier CAUREL CARRERA	ABM	MASTERGYM	2:54:43	3:23:58	0:29:15
130	49	Alvaro GONZALO PEREZ	ABM	GM ENSIDESA GJON	3:07:21	3:36:38	0:29:17
131	365	Miguel Angel GARNELO MARTINEZ	ABM	TITANES DEL SIL	3:17:50	3:47:12	0:29:22
132	319	Luis LOPEZ DE VEGA	ABM	CLUB VERTICAL SUPAERO	2:57:03	3:26:26	0:29:23
133	131	David DE LA FUENTE	ABM	CENTRO ASTURIANO DE OVIEDO	3:17:40	3:47:03	0:29:23
134	392	Pablo LOPEZ CALAZA	VAM	AME BESTARRUZA	2:39:04	3:08:28	0:29:24
135	200	Ismael MUÑOZ MUÑOZ	ABM	ASADOR DE ANGEL	3:17:47	3:47:14	0:29:27
136	157	Felix Jose GARCIA FERNANDEZ	VBM	SM GRUPO COVADONGA	3:21:24	3:50:51	0:29:27
137	90	Borja M, LAMAS LAGE	ABM	BESTARRUZA TRINITY TRAIL	3:07:05	3:36:34	0:29:29
138	168	Fidel LEONARDO GARCIA	ABM	PARAMO DEL SIL	3:09:00	3:38:30	0:29:30
139	335	Manuel MENDEZ GAVELA	ABM	PARAMO DEL SIL	3:08:57	3:38:31	0:29:34
140	9	Jose Luis BLAZQUEZ HERNANDEZ	VAM	INDIVIDUAL	3:11:40	3:41:19	0:29:39
141	36	Alejandro SANTOS FUENTES	ABM	CD UNIVERSIDAD DE LEON	2:57:28	3:27:08	0:29:40
142	95	Carlos SAHELICES DIEZ	VAM	CUMBRES DE LEON	3:26:20	3:56:01	0:29:41
143	282	Jose Maria ARRIBAS MORENO	ABM	RUNNING SPORT TRAIL	3:20:54	3:50:36	0:29:42
144	124	David BARREIRO CADENAS	ABM	CLUB ALPINO BERCIANO	3:10:08	3:39:55	0:29:47
145	289	Jose Ramon VENCELLES GARCIA	ABM	AVIENTU SOLORUNNERS	3:05:19	3:35:12	0:29:53
146	103	Luciano MARRON MARTINEZ	VBM	CDM ALTO SIL	3:05:44	3:35:37	0:29:53
147	45	Alfredo ALCANTARA LORENZO	VAM	COUTADAS TRAIL TEAM	3:43:01	4:12:55	0:29:54
148	487	Victor RODRIGUEZ VEGA	VAM	TORTUGAS TRAIL LEON	3:03:34	3:33:31	0:29:57
149	434	Ruben BLAZQUEZ RODRIGO	ABM	TODOVERTICAL V	3:00:35	3:30:34	0:29:59

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Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	LA BRAÑA	PICO NEGRO	TIEMPO
150	20	Adolfo FERNANDEZ DOCASAR	VAM	RUNNING SPORT TRAIL OURENSE	3:26:26	3:56:28	0:30:02
151	363	Miguel Angel ALVAREZ CARMONA	ABM	CLUB AVIENTU	3:01:13	3:31:16	0:30:03
152	39	Alejandro ROBLEDA CORRALES	ABM	INDIVIDUAL	3:10:17	3:40:22	0:30:05
153	448	Ruben Percheron ALVAREZ DEL CASTILLO	ABM	CDM ALTO SIL	2:57:36	3:27:44	0:30:08
154	386	Oscar MARQUES MARBAN	ABM	LA TIENDA VEGA DE ESPINAREDA	3:11:49	3:42:01	0:30:12
155	116	Daniel ORJALES PIÑEIRO	ABM	BESTARRUZA TRINITY TRAIL	3:12:47	3:42:59	0:30:12
156	142	Eduardo GARCIA BUSTO	VAM	ASOCIACION DEPORTIVA MOAL	3:27:27	3:57:40	0:30:13
157	466	Sergio NATAL VICENTE	ABM	CUMBRES DE LEON	2:47:18	3:17:37	0:30:19
158	30	Alberto RODRIGUEZ GONZALEZ	ABM	GM REINOASTUR	3:16:47	3:47:06	0:30:19
159	372	Moises LARINCON RUBIO	ABM	INTELLIGENT INTERVAL	3:00:50	3:31:10	0:30:20
160	441	Ruben RODRIGUEZ ESTEVEZ	ABM	COUTADAS	3:42:59	4:13:19	0:30:20
161	96	Carlos CORDERO RODRIGUEZ	ABM	GMREINOASTUR	3:16:46	3:47:11	0:30:25
162	389	Pablo FREIRE CASTRO	VAM	BIERZO TODO DEPORTE	3:11:46	3:42:13	0:30:27
163	67	Angel MARTINEZ MIMOSO	VAM	CDM ALTO SIL	2:59:47	3:30:17	0:30:30
164	72	Antonio ALVAREZ GARCIA	VBM	CENTRO ASTURIANO DE OVIEDO	3:07:41	3:38:17	0:30:36
165	216	Javier IGLESIAS SANCHEZ	ABM	CLUB SALAMANCA RAIDS	3:19:50	3:50:47	0:30:57
166	256	Jose TUÑON RODRIGUEZ	ABM	CM OXIGENO	3:23:07	3:54:04	0:30:57
167	135	Diego COSTAS MARIÑO	ABM	COUTADAS TRAIL TEAM	3:36:01	4:07:01	0:31:00
168	212	Javier DEL FERRERO	ABM	INDIVIDUAL	3:15:56	3:46:57	0:31:01
169	234	Jesus Ignacio GARCIA GAO	ABM	PICOS XTREME SPORT	3:19:11	3:50:13	0:31:02
170	233	Jesus Enrique REY SOUTO	VAM	INDIVIDUAL	3:23:29	3:54:34	0:31:05
171	91	Bruno CARDAMAS FREIRE	ABM	BESTARRUZA TRINITY TRAIL	3:00:56	3:32:02	0:31:06
172	223	Javier ENRIQUEZ BLANCO	ABM	RADIKAL BIERZO	2:54:16	3:25:23	0:31:07
173	169	Francisco AGULLO CANDA	ABM	VILATUXETRAIL	3:17:46	3:48:56	0:31:10
174	14	David CLOUX GARCIA	VAM	INDEPENDIENTE	3:23:14	3:54:24	0:31:10
175	280	Jose Manuel PEDROSA MAYO	ABM	PONTE TRAIL	3:18:42	3:49:54	0:31:12
176	25	Aitor RODRIGUEZ RAMON	ABM	BIERZO RUNNING	2:57:29	3:28:43	0:31:14
177	224	Javier BLANCO GUARDADO	ABM	DUBRA TEAM	3:17:41	3:48:59	0:31:18
178	303	Julian ALONSO CORRALES	ABM	ASADOR DE ANGEL	2:57:39	3:28:58	0:31:19
179	46	Alfredo CARBAJO MARTINEZ	ABM	INDEPENDIENTE	3:23:11	3:54:32	0:31:21
180	401	Pedro Carlos GONZALEZ CASTRO	ABM	INTELLIGENT INTERVAL	3:23:25	3:54:47	0:31:22
181	268	Jose Francisco MARTIN SERANTES	ABM	GM REINOASTUR	3:23:16	3:54:39	0:31:23
182	123	David PEREZ DE LA VARGA	ABM	MTB RUNNERS LEON	3:11:40	3:43:04	0:31:24
183	351	Martin PEREZ PEREZ	ABM	CDM ALTO SIL	3:08:49	3:40:14	0:31:25
184	65	Angel GUERRERO BLANCO	VAM	LEON CORRE	3:18:06	3:49:31	0:31:25
185	118	Daniel IGLESIAS PINTADO	ABM	ABREGO	3:24:33	3:55:58	0:31:25
186	482	Valentin PEREZ CUADRADO	ABM	FONTE DA TRAVE	3:08:46	3:40:24	0:31:38
187	362	Miguel ARAGONES BARCO	ABM	INDIVIDUAL	3:36:51	4:08:32	0:31:41
188	31	Alberto SANDOVAL BURON	ABM	CLUB DEPORTIVO DE MONTAÑA VAL	3:17:38	3:49:23	0:31:45
189	24	Agustin RISUEÑO MARTIN	VAM	JARAMUGOS Y JUMENTOS	3:36:49	4:08:34	0:31:45
190	19	Adolfo PARRAS SOTO	VAM	SSREYES CLINICASMENORCA TRAIL	2:52:43	3:24:29	0:31:46
191	321	Luis RAMOS VALE	ABM	CLUB CAIMANES BETANZOS	3:13:53	3:45:39	0:31:46
192	130	David DE LA VARGA LUCAS	ABM	ULE CHORCO	2:42:38	3:14:25	0:31:47
193	407	Rafael LEBORAN ALBERCA	ABM	TODOVERTICAL V	3:06:20	3:38:09	0:31:49
194	89	Bernardo RODRIGUEZ ESTEVEZ	VBM	INDIVIDUAL	3:43:04	4:14:54	0:31:50
195	255	Jose VILLAVERDE CARRERA	ABM	AD A FORMA BUDIÑOTRAIL	3:27:05	3:58:56	0:31:51
196	208	Jaime GARCIA PUENTE	ABM	CM LOS REJOS	3:06:13	3:38:07	0:31:54
197	70	Antonio CARRASCO RUBIO	ABM	CLUB ATLETISMO LAS ROZAS	3:09:30	3:41:24	0:31:54
198	417	Ricardo GIL DOPAZO	VAM	CLUB DE MONTAÑA XESTEIRAS	3:16:57	3:48:51	0:31:54
199	264	Jose Antonio POZO GONZALEZ	ABM	CUMBRES DE LEON	3:23:50	3:55:46	0:31:56
200	81	Armando RODRIGUEZ DIEZ	ABM	MTBRUNNERS LEON	3:34:51	4:06:48	0:31:57
201	173	Francisco Javier DIAZ IBORRAS	VAM	INDEPENDIENTE	3:40:20	4:12:22	0:32:02
202	107	Christian ALVAREZ SOTO	ABM	CLUB AVIENTU	3:40:22	4:12:26	0:32:04
203	7	Jose RODRIGUEZ QUINTAS	VAM	RUNNING SPORT TRAIL	3:08:42	3:40:49	0:32:07
204	178	Francisco Javier GARCIA OVIEDO	ABM	INDEPENDIENTE	3:10:14	3:42:21	0:32:07
205	38	Alejandro MARTINEZ VARELA	ABM	AD JARNACHAS	3:21:55	3:54:05	0:32:10
206	47	Alfredo POLIN NUÑEZ	ABM	INDIVIDUAL	3:13:07	3:45:18	0:32:11
207	206	Ivan REDONDO VIDAL	ABM	AVIVA SPORT CLUB	3:36:38	4:08:49	0:32:11
208	165	Fernando LAGO CASTRO	VAM	COUTADAS TRAIL TEAM	3:42:59	4:15:10	0:32:11
209	274	Jose Manuel VIDAL MARTINEZ	VAM	SIN RECORTES	3:24:31	3:56:43	0:32:12
210	374	Noel RODRIGUEZ DIAZ	ABM	GM REINOASTUR	3:36:35	4:08:47	0:32:12

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Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	LA BRAÑA	PICO NEGRO	TIEMPO
211	156	Felix PARRA RODRIGUEZ	ABM	PARRA SPORT RUNNIN	3:21:42	3:53:56	0:32:14
212	273	Jose Manuel DE LA VILLA REQUEJO	VBM	INDEPENDIENTE	3:47:23	4:19:46	0:32:23
213	260	Jose Antonio CARBALLO POSE	ABM	VIA XVIII MACEDA	3:17:33	3:49:57	0:32:24
214	276	Jose Manuel ROUCO FERNANDEZ	VAM	INDEPENDIENTE	3:20:52	3:53:18	0:32:26
215	308	Julio Alberto MENDEZ SANTAS	ABM	VIA XVIII MACEDA	3:17:32	3:49:59	0:32:27
216	8	Jose Manuel CRESPO RUBIO	VAM	INDIVIDUAL	3:11:44	3:44:12	0:32:28
217	298	Juan Luis SANCHEZ GONZALEZ	ABM	INDIVIDUAL	3:26:22	3:58:50	0:32:28
218	22	Adrian BENAVIDES CABEZAS	ABM	INDIVIDUAL	3:18:20	3:50:49	0:32:29
219	82	Arturo GARCIA PERTIERRA	VAM	INDIVIDUAL	3:34:37	4:07:27	0:32:50
220	442	Ruben PERTEJO GUTIERREZ	ABM	MTBRUNNERS LEON	3:44:20	4:17:10	0:32:50
221	159	Fernando LOPEZ MENENDEZ	ABM	LANGREO TRAIL TEAM	3:16:27	3:49:22	0:32:55
222	301	Juan Pablo FIGUEROA FERNANDEZ	ABM	ASOCIACION DEPORTIVA CAR	3:16:20	3:49:18	0:32:58
223	170	Francisco GARCIA VEIRA	ABM	AD JARNACHAS	3:25:53	3:58:51	0:32:58
224	143	Eduardo HERAS CRISTOBAL	VAM	INDIVIDUAL	3:09:32	3:42:38	0:33:06
225	359	Miguel SARDON MANCHON	ABM	MIGUEL SARDON MANCHON	3:30:15	4:03:21	0:33:06
226	339	Marcelino FERNANDEZ PEREZ	VAM	XATOS DEL NALON VALLE DE FORNE	3:26:21	3:59:33	0:33:12
227	385	Oscar CARRACEDO REGUEIRA	ABM	INDEPENDIENTE	3:24:34	3:57:48	0:33:14
228	414	Raul SALVAT ESTEBARANZ	ABM	CDE TRIVOLUTION	3:26:33	3:59:48	0:33:15
229	445	Ruben SOLIS CARBAJAL	VAM	GM REINOASTUR	3:46:24	4:19:41	0:33:17
230	71	Antonio MORENO MENDEZ	VAM	CLUB AVIENTU	3:29:54	4:03:13	0:33:19
231	269	Jose Ignacio GARCIA RUBIO	VAM	CLUB MONTAÑERO BENAVENTANO	3:31:36	4:04:56	0:33:20
232	459	Santiago BUENO GAVELA	ABM	INDIVIDUAL	3:09:01	3:42:23	0:33:22
233	364	Miguel Angel MORENO MENDEZ	ABM	CORDUVA TRAIL	3:29:56	4:03:19	0:33:23
234	64	Angel ALVARO BAYON	ABM	INDIVIDUAL	4:05:26	4:38:56	0:33:30
235	229	Jesus OBLANCA SANCHEZ	VAM	INDIVIDUAL	2:59:42	3:33:14	0:33:32
236	331	Manuel LOPEZ FELIPE	VAM	INDEPENDIENTE	3:25:57	3:59:31	0:33:34
237	162	Fernando RODRIGUEZ FRAGA	ABM	GALAICO TRAIL RUNNERS	3:30:31	4:04:05	0:33:34
238	27	Alberto PEREIRO GONZALEZ	ABM	COUTADAS TRAIL TEAM	3:56:47	4:30:21	0:33:34
239	396	Pedro FERNANDEZ	VAM	CLUB ATLETISMO BENAVENTE	3:05:22	3:38:59	0:33:37
240	126	David PORTILLO MACEDA	ABM	RSEA PEÑALARA	3:40:27	4:14:04	0:33:37
241	41	Alejandro LABRA GONZALEZ	ABM	GM PICU PIENZU	3:15:47	3:49:26	0:33:39
242	462	Senen GONZALEZ OTERO	ABM	SALCE CORRE	3:40:29	4:14:10	0:33:41
243	238	Joaquin GARCIA FERNANDEZ	VAM	INDIVIDUAL	3:35:24	4:09:06	0:33:42
244	463	Sergio CHANA	ABM	INDIVIDUAL	3:11:36	3:45:21	0:33:45
245	201	Ivan MARTINEZ DE CAMPOS ESCAS	VAM	TRYSTRONG	3:40:15	4:14:00	0:33:45
246	115	Daniel FIDALGO DIAZ	ABM	GM PEÑA MEA	3:20:12	3:54:01	0:33:49
247	368	Miguel Angel DOMINGUEZ GAGO	ABM	INDIVIDUAL	3:34:35	4:08:24	0:33:49
248	393	Pablo ALVAREZ MAGADAN	ABM	INDIVIDUAL	3:31:29	4:05:22	0:33:53
249	214	Javier ESTEVEZ RAMA	ABM	INDIVIDUAL	3:31:32	4:05:31	0:33:59
250	155	Fco Javier TORRES CRESPO	VBM	CLUB NAUTICO LANGOSTEIRA	3:34:35	4:08:36	0:34:01
251	194	Ignacio OTERO COMBARRO	VAM	INDIVIDUAL	3:26:24	4:00:29	0:34:05
252	293	Juan COTO SOLIS	ABM	GM PEÑA MEA VALLE DE FORNELA	3:44:58	4:19:07	0:34:09
253	430	Rogelio PACIOS YAÑEZ	VBM	RUTAS DEL BIERZO	3:18:18	3:52:28	0:34:10
254	104	Cesar SERRANO RIVERO	ABM	INDEPENDIENTE	3:46:29	4:20:43	0:34:14
255	425	Roberto PARRILLA GARCIA	VAM	PEÑA MONTAÑEROS GISTREDO	3:23:20	3:57:35	0:34:15
256	376	Nol VEGA BLANCO	ABM	INDIVIDUAL	3:55:51	4:30:17	0:34:26
257	373	Nacho ARES DIAZ	VAM	IBIZA RUNNERS	4:05:28	4:39:54	0:34:26
258	290	Jose Ramon RODRIGO HERRERO	ABM	INDIVIDUAL	3:36:27	4:10:54	0:34:27
259	196	Iñigo SAENZ ARGUEDAS	VBM	INDA MENDI	3:28:17	4:02:45	0:34:28
260	15	Carlos ALFONSO ALVAREZ	VBM	UST	3:46:01	4:20:29	0:34:28
261	228	Jesus CAÑO GONZALEZ	ABM	MTBRUNNERS LEON	4:03:47	4:38:16	0:34:29
262	88	Benjamin PLAZA VALLINA	ABM	CLUB AVIENTU	3:30:11	4:04:47	0:34:36
263	48	Alfredo NUÑES GONZALEZ	ABM	CDM ALTO SIL	3:29:09	4:03:48	0:34:39
264	127	David RAPOSO CALERO	ABM	SENDERISMO JOVEN MADRID	3:39:23	4:14:02	0:34:39
265	422	Roberto DIEGUEZ GONZALEZ	ABM	GRUPO TRAIL LEON	3:10:27	3:45:08	0:34:41
266	175	Francisco Javier CARBAJO BECERRO	ABM	RADIKAL BIERZO TEAM	3:17:59	3:52:42	0:34:43
267	185	Gustavo MARTINEZ GARCIA	ABM	INDEPENDIENTE	3:32:37	4:07:22	0:34:45
268	279	Jose Manuel MORAN VAQUERO	ABM	TRABAZOS	3:34:07	4:08:52	0:34:45
269	447	Ruben ALVAREZ MARRON	ABM	CDM ALTO SIL	3:31:25	4:06:11	0:34:46
270	429	Rodrigo GARCIA SEGURADO	ABM	INDEPENDIENTE	3:24:36	3:59:23	0:34:47
271	371	Mohammed REDA ELANDALOUSSI	VAM	INDIVIDUAL	3:35:19	4:10:11	0:34:52

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Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	LA BRAÑA	PICO NEGRO	TIEMPO
272	461	Saul JIMENEZ DEL CAMPO	ABM	HASTA LA CIMA NO PARES	3:30:47	4:05:50	0:35:03
273	334	Manuel VAZQUEZ SUAREZ	VAM	COUTADAS TRAIL TEAM	3:56:48	4:31:51	0:35:03
274	205	Ivan BUSTO CARRETE	ABM	CLUB MONTEPENARUBIA RUNNING	3:36:46	4:11:53	0:35:07
275	287	Jose Oscar SARMIENTO CALLE	ABM	INDIVIDUAL	3:19:32	3:54:43	0:35:11
276	59	Andres MARTINEZ ARIAS	VAM	INDIVIDUAL	3:28:30	4:03:44	0:35:14
277	305	Julian RODRIGUEZ ASENSIO	VBM	CDM ALTO SIL	3:32:20	4:07:35	0:35:15
278	232	Jesus Angel RUBIAL SAIZ	ABM	LEON CORRE	3:55:32	4:30:49	0:35:17
279	211	Javier HERRERA ANTONAYA	ABM	TRAIL XTREM TEAM	3:34:06	4:09:24	0:35:18
280	79	Antonio Manuel VILLA TORRES	VAM	INDIVIDUAL	3:44:54	4:20:18	0:35:24
281	464	Sergio GARCIA DE LA VIUDA	ABM	GYM BYM	3:21:30	3:57:04	0:35:34
282	347	Mario FENTE SOUSA	ABM	PEROXA RUNNING	3:38:34	4:14:08	0:35:34
283	40	Alejandro PUENTE MARTINEZ	ABM	INDEPENDIENTE	3:11:08	3:46:47	0:35:39
284	252	Jose PICANTE LOPEZ	ABM	TRIATLON IRONNESS	3:39:25	4:15:07	0:35:42
285	288	Jose Ramon FERNANDEZ LOPEZ	ABM	CLUB MONTEPENARUBIA RUNNING LU	3:45:44	4:21:35	0:35:51
286	92	Camilo FERNANDEZ RODRIGUEZ	ABM	INDIVIDUAL	3:26:19	4:02:12	0:35:53
287	141	Eduardo ROBLEDO ABRIL	ABM	INDEPENDIENTE	3:41:54	4:17:48	0:35:54
288	328	Manuel GONZALEZ NOVOA	VAM	INDIVIDUAL	3:34:49	4:10:51	0:36:02
289	340	Marcos GONZALEZ CARBALLO	ABM	LANGREO TRAIL TEAM	3:30:26	4:06:31	0:36:05
290	73	Antonio PRADO GARCIA	VAM	INDEPENDIENTE	3:48:24	4:24:31	0:36:07
291	398	Pedro ALONSO ALONSO	ABM	PARAMO DEL SIL	3:26:17	4:02:26	0:36:09
292	444	Ruben ALVAREZ GONZALEZ	ABM	CLUB MARATON BENAVIDES	3:55:11	4:31:20	0:36:09
293	409	Ramon VILA ANCA	VAM	INDEPENDIENTE	3:53:52	4:30:02	0:36:10
294	195	Ino MARTINEZ LOPEZ	ABM	ELDA TRIATLON CLUB	3:36:04	4:12:15	0:36:11
295	191	Hugo DIAZ CAMINO	ABM	ASADOR DE ANGEL CERCEDILLA	3:23:27	3:59:41	0:36:14
296	251	Jose MARTINEZ FERNANDEZ	VAM	TORTUGAS TRAIL LEON	3:31:53	4:08:09	0:36:16
297	394	Pablo Cesar PEREZ MARTIN	VAM	LA ESCALERILLA	3:41:49	4:18:05	0:36:16
298	395	Pablo Manuel ESCOBIO OVIES	ABM	INDIVIDUAL	3:30:26	4:06:43	0:36:17
299	98	Carlos CASTAÑEIRAS FOLGUERAL	VBM	RUTAS DEL BIERZO	3:53:53	4:30:11	0:36:18
300	436	Ruben PEREZ MARTIN	ABM	INDEPENDIENTE	3:41:52	4:18:11	0:36:19
301	470	Sergio ALVAREZ CAMPELO	ABM	GALGADAS	3:36:53	4:13:33	0:36:40
302	391	Pablo VAZQUEZ PEREZ	VAM	INDEPENDIENTE	3:42:23	4:19:04	0:36:41
303	164	Fernando CASTRILLO CARPINTERO	VAM	ULTRARUN	3:53:24	4:30:09	0:36:45
304	433	Dorsal433 NO ASIGNADO	ABM	INDEPENDIENTE	3:55:23	4:32:08	0:36:45
305	199	Isidro SOTO FERNANDEZ	VBM	INDIVIDUAL	3:26:38	4:03:27	0:36:49
306	426	Roberto RODRIGUEZ ALDAO	VAM	ASOCIACION DEPORTIVA JARNACHA	3:58:59	4:35:53	0:36:54
307	332	Manuel BARBEITO QUEIJEIRO	ABM	CLUB NAUTICO LANGOSTEIRA	3:38:01	4:14:56	0:36:55
308	83	Aurelio GOMEZ MUÑIZ	VAM	INDEPENDIENTE	3:46:59	4:23:58	0:36:59
309	97	Carlos CARRASCO ITURRA	VAM	DUBRA TEAM	3:50:14	4:27:30	0:37:16
310	272	Jose Luis ORTIZ ALONSO	VAM	ORKATZAK	3:44:51	4:22:08	0:37:17
311	147	Enrique GAYOSO LLAMAS	VAM	MTBRUNNERS LEON	4:03:48	4:41:06	0:37:18
312	471	Sergio POUSADA CASAL	ABM	AD JARNACHAS	3:27:33	4:04:52	0:37:19
313	327	Andrew CARCIE	VAM	INDIVIDUAL	3:41:32	4:18:55	0:37:23
314	397	Pedro GARCIA MERAYO	VAM	INDIVIDUAL	3:55:06	4:32:41	0:37:35
315	307	Julio VILLAMAÑAN GONZALEZ	VAM	INDIVIDUAL	3:49:34	4:27:11	0:37:37
316	254	Jose SAMANIEGO MONTERO	ABM	INDEPENDIENTE	3:13:05	3:50:45	0:37:40
317	12	Elias ALFONSO ALVAREZ	VAM	UST	3:46:06	4:23:52	0:37:46
318	198	Isidoro MARTINEZ MARTIN	VAM	CD CASA DE ASTURIAS EN LEON	3:45:48	4:23:37	0:37:49
319	456	Santiago DUEÑA HERRERO	VAM	FRRE TRAIL LEON	3:41:36	4:19:33	0:37:57
320	342	Marcos MARTIN PEREZ	VAM	TORTUGAS TRAIL LEON	3:31:49	4:09:47	0:37:58
321	132	David ALVAREZ PASTOR	ABM	INDIVIDUAL	4:07:35	4:45:33	0:37:58
322	324	Luis Angel ALVAREZ PASTOR	ABM	INDIVIDUAL	4:07:29	4:45:34	0:38:05
323	222	Javier TELMO MIRANDA	VAM	INDIVIDUAL	3:36:41	4:14:50	0:38:09
324	230	Jesus LOPEZ M	VBM	TIERRA TRAGAME	4:05:48	4:43:59	0:38:11
325	77	Antonio DIEZ GARCIA	ABM	CDM ALTO SIL	3:45:09	4:23:33	0:38:24
326	176	Francisco Javier RODRIGUEZ AREOSA	ABM	INDIVIDUAL	3:43:59	4:22:36	0:38:37
327	43	Alfonso BELLIDO GONZALEZ	VAM	CDE TM PEDREZUELA	3:28:23	4:07:09	0:38:46
328	28	Alberto RODRIGUEZ FLORES	VAM	RUN GO	3:45:41	4:24:46	0:39:05
329	489	Victor Manuel GOMEZ LARA	VAM	INDIVIDUAL	3:56:34	4:35:49	0:39:15
330	183	Gonzalo ALBA MARTIN	VAM	INDIVIDUAL	3:40:27	4:19:43	0:39:16
331	248	Jorge Juan OCHOA SUAREZ	VAM	INDEPENDIENTE	4:06:40	4:45:57	0:39:17
332	243	Jorge GOMEZ GUTIERREZ	VBM	CDE RUNNERS DE BARRIO	4:06:35	4:46:07	0:39:32

CARRERA ALTO SIL v7.5.3 - SANTA CRUZ DEL SIL

14 Marzo 2015

Subida a Pico Negro

ABSOLUTA MASCULINA (372)

Pto	Dor	NOMBRE APELLIDOS	CAT	CLUB	LA BRAÑA	PICO NEGRO	TIEMPO
333	263	Jose Antonio SANCHO CANCELA	VBM	GUADARRAMA TRAIL	4:04:43	4:44:24	0:39:41
334	240	Jorge ATANCE ANDRINO	ABM	AD CLUB DE MONTAÑA PEGASO	3:49:03	4:29:05	0:40:02
335	480	Ubaldo VILA ANCA	VAM	INDEPENDIENTE	3:53:50	4:33:53	0:40:03
336	204	Ivan LOMBARDIA OTERO	ABM	INDIVIDUAL	3:13:54	3:54:11	0:40:17
337	486	Victor SARMIENTO JUAN	VAM	TELENO TRAIL	4:00:03	4:40:33	0:40:30
338	184	Guillermo PALACIOS RODRIGUEZ	ABM	CLUB DEPORTIVO CUETO DEL OSO	3:10:57	3:51:49	0:40:52
339	13	Simon ALLEN	VAM	RUTAS DEL BIERZO	3:40:31	4:21:25	0:40:54
340	258	Jose Alberto POSTIGO PEREZ	VAM	INDIVIDUAL	4:07:05	4:48:06	0:41:01
341	283	Jose Maria FIGUEIRIDO FERNANDEZ	VAM	COUTADAS TRAIL TEAM	4:02:11	4:43:19	0:41:08
342	16	Eliseo GONZALEZ CERNUDA	VBM	SMCC LA FRESNEDA	4:09:58	4:51:09	0:41:11
343	29	Alberto TRAPERO CARPIO	VAM	INDIVIDUAL	3:32:03	4:13:55	0:41:52
344	244	Jorge DIEZ BARREIRO	ABM	INDIVIDUAL	4:00:05	4:42:21	0:42:16
345	352	Mauricio VIZAN DE UÑA	VAM	NUNCA CORRERAS SOLO	4:08:19	4:51:13	0:42:54
346	186	Guzman GOMEZ RODRIGUEZ	ABM	INDIVIDUAL	4:10:13	4:53:10	0:42:57
347	310	Julio Cesar GONZALEZ LOPEZ	ABM	INDIVIDUAL	3:58:10	4:41:39	0:43:29
348	296	Juan Jose PRIETO BARRIENTOS	ABM	MEDIATICS RUNNING	4:21:56	5:05:28	0:43:32
349	300	Juan Manuel CAMPOY DELGADO	ABM	CDETM PEDREZUELA	4:22:04	5:05:42	0:43:38
350	37	Alejandro BLANCO DE CASO	ABM	CD ALE	3:58:13	4:41:53	0:43:40
351	21	Adolfo RIVERO TASCÓN	ABM	INDEPENDIENTE	3:58:11	4:42:00	0:43:49
352	419	Ricardo MARTINEZ MUÑOZ	VAM	INDIVIDUAL	4:21:40	5:05:46	0:44:06
353	217	Javier LLANO GAITERO	VAM	INDIVIDUAL	4:10:12	4:54:28	0:44:16
354	416	Raul SOLAS FERNANDEZ	ABM	INDRA RUNNERS	3:42:28	4:26:48	0:44:20
355	370	Miguel Angel RODRIGUEZ POZUELO	VBM	NUNCA CORRERAS SOLO	4:08:25	4:53:02	0:44:37
356	406	Rafael COSTAS RODRIGUEZ	VAM	INDIVIDUAL	4:07:27	4:52:22	0:44:55
357	187	Hector GARCIA GARCIA	ABM	INDIVIDUAL	4:07:20	4:52:51	0:45:31
358	163	Fernando CASANOVA CABEZAS	VAM	INDIVIDUAL	4:07:39	4:53:15	0:45:36
359	326	Lukas PIPREK	ABM	INDIVIDUAL	3:41:19	4:27:08	0:45:49
360	432	Roi LAMAS VALEJE	ABM	INDIVIDUAL	3:43:14	4:29:23	0:46:09
361	177	Francisco Javier GARC	VAM	INDIVIDUAL	3:55:50	4:45:05	0:49:15
	423	Roberto GONZALEZ SANTALLA	ABM	CD TRAILRUNNINGS		4:54:38	n.p.
	62	Andres FLOREZ PEREZ	ABM	CORUÑA COMARCA		4:54:41	n.p.
	330	Manuel OTERO GOMEZ	VAM	AD FOGAR		4:55:37	n.p.
	259	Jose Angel CASTRO FALAGAN	ABM	INDEPENDIENTE		5:01:52	n.p.
	314	Lodario LERA FERNANDEZ	VAM	TRIMI VALLE DE FORNELA		5:03:26	n.p.
	358	Miguel BERNARDO SARRIEGO	VAM	ULE CHORCO		5:03:51	n.p.
	113	Daniel SEOANE CASTRO	ABM	COUTADAS TRAIL TEAM			n.p.
	136	Diego MARTINEZ VAZQUEZ	ABM	INDEPENDIENTE			n.p.
	144	Efren SEGUNDO QUESADA	ABM	CD ARISTA			n.p.
	304	Julian SANCHEZ MARTIN	ABM	MEDIATICS RUNNING			n.p.
	412	Raul FERNANDEZ QUINTANILLA	ABM	TRAILXTREM TEAM			n.p.